

Figure 1

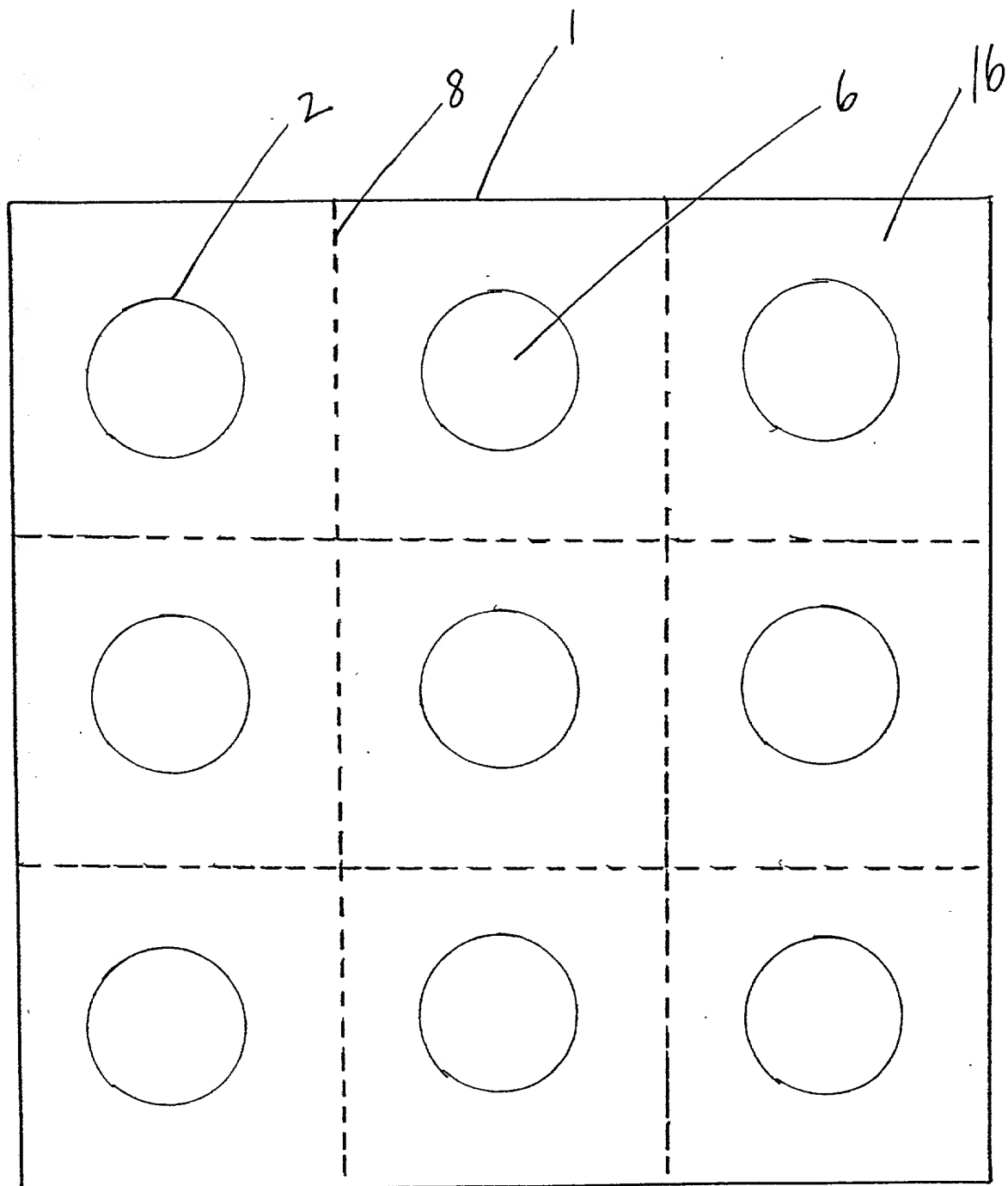


FIG. 1

Figure 2

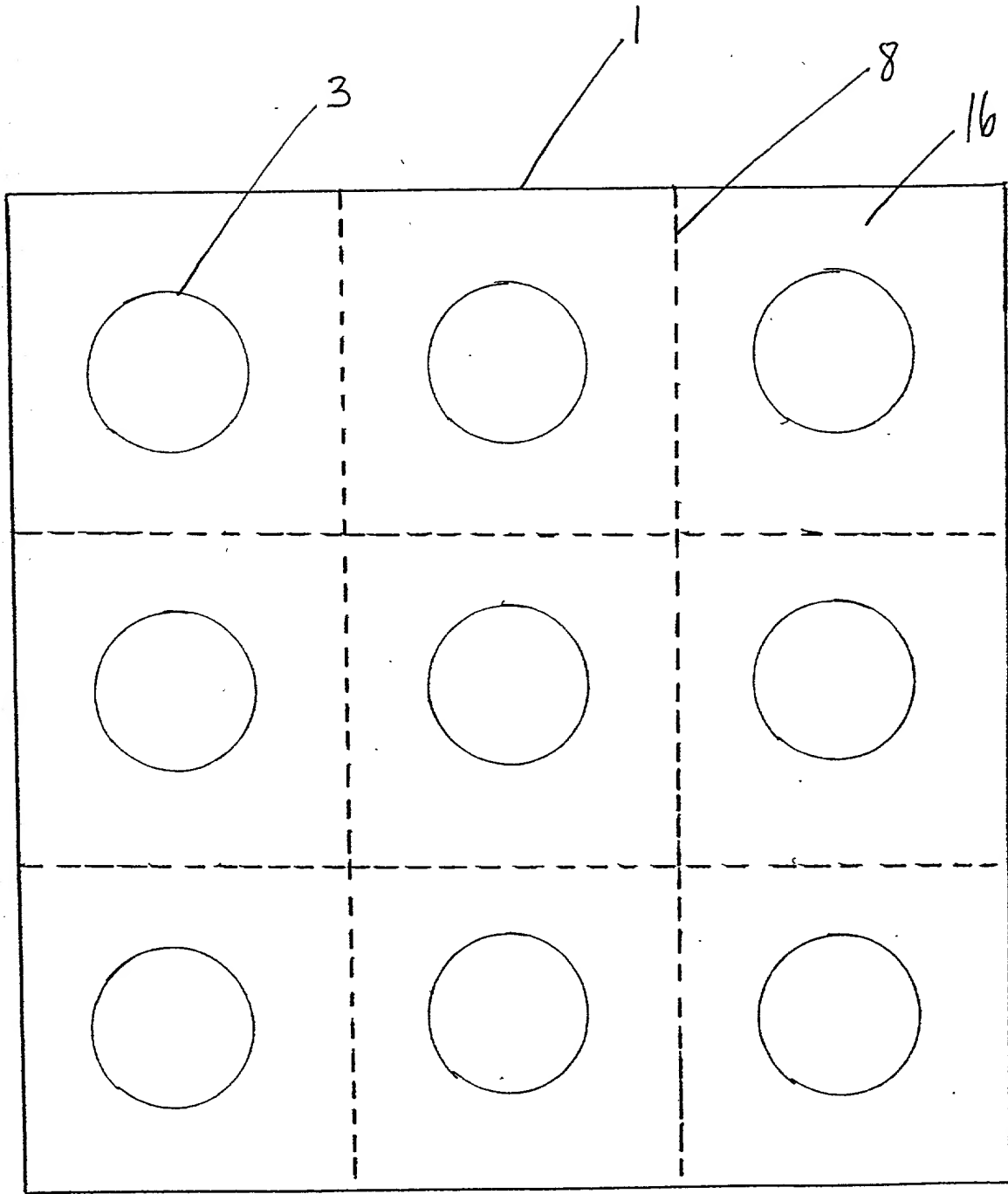
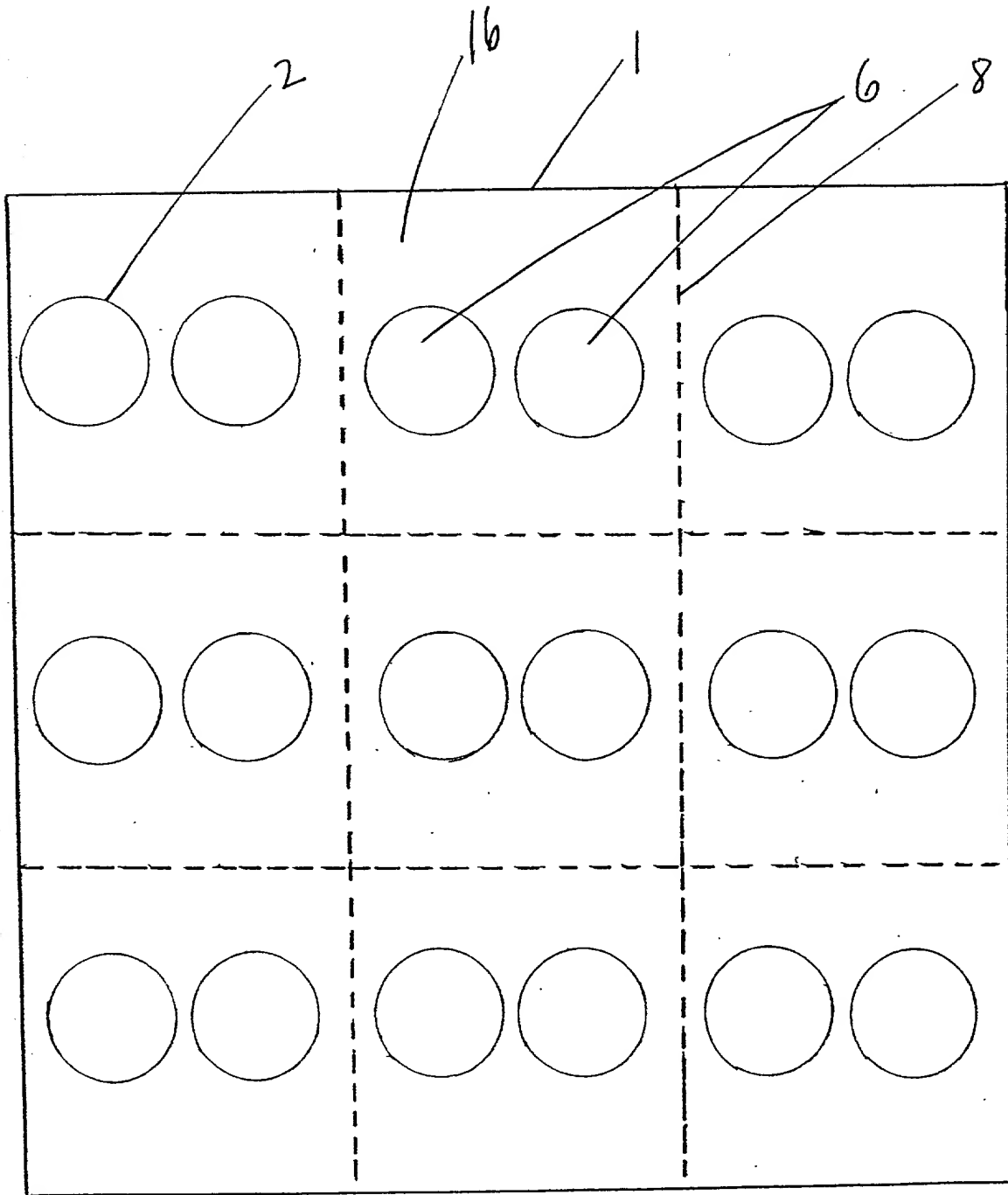


FIG. 2

Figure 3



09370049-100201

Figure 4

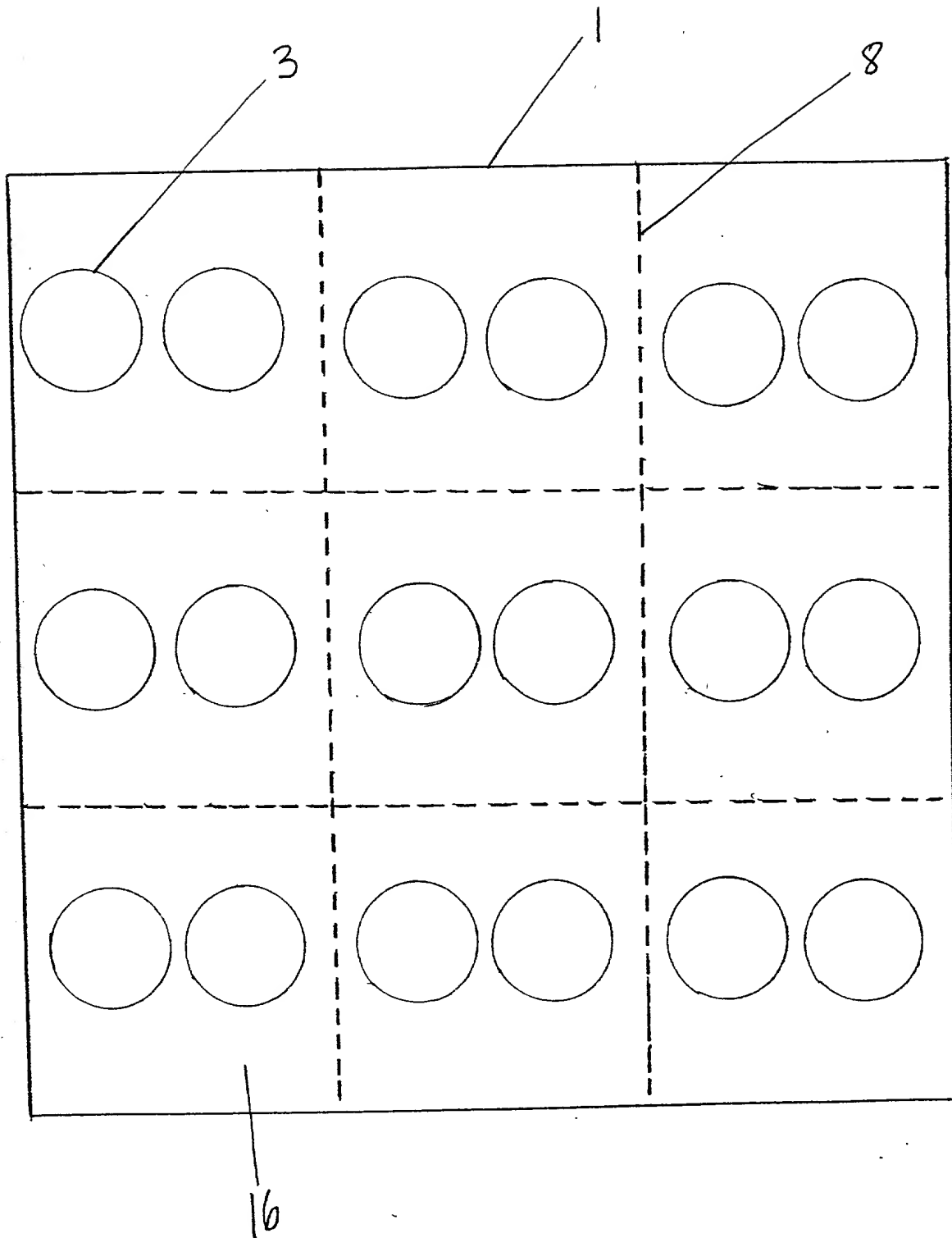


FIG. 4

Figure 5

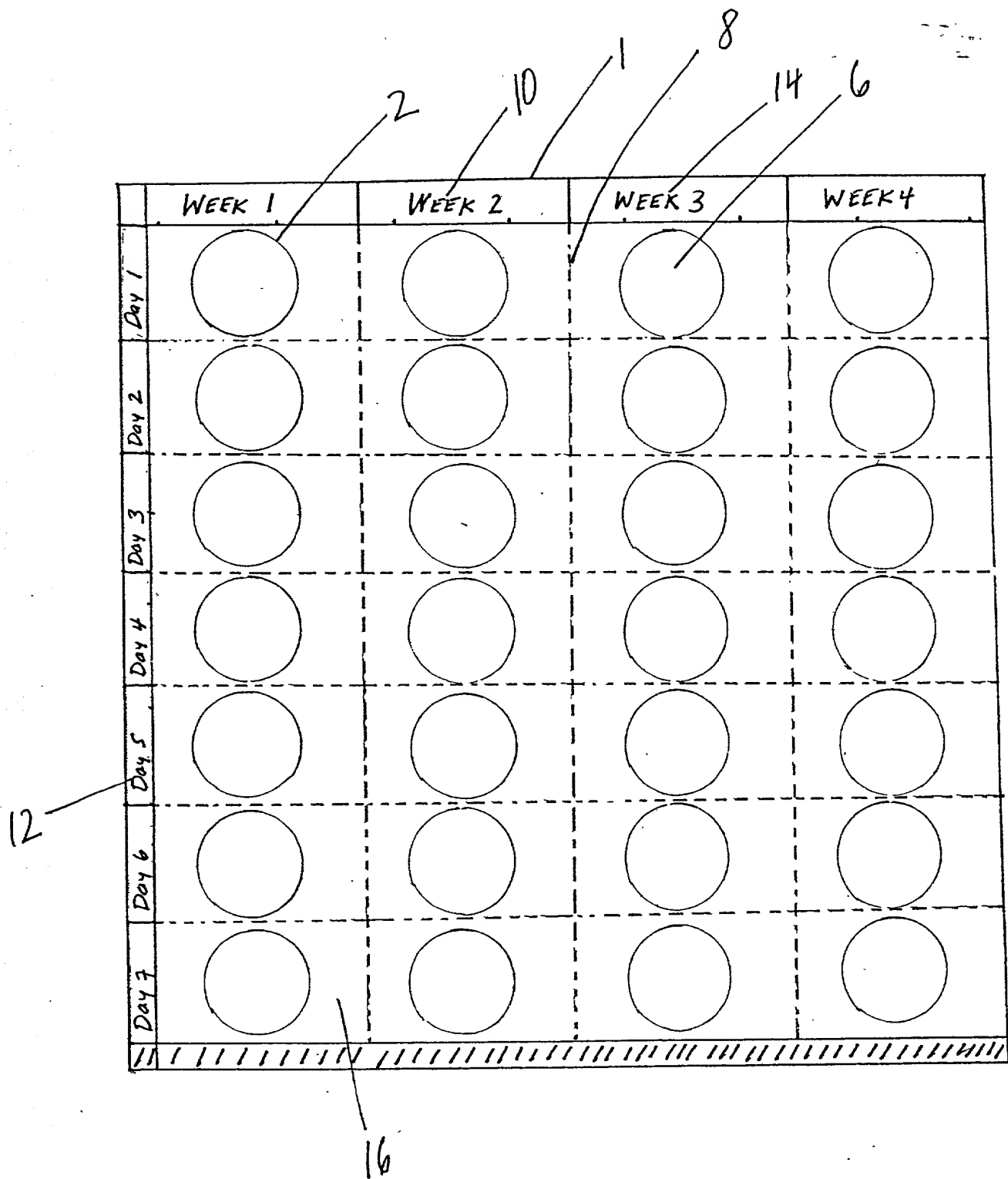


Figure 6

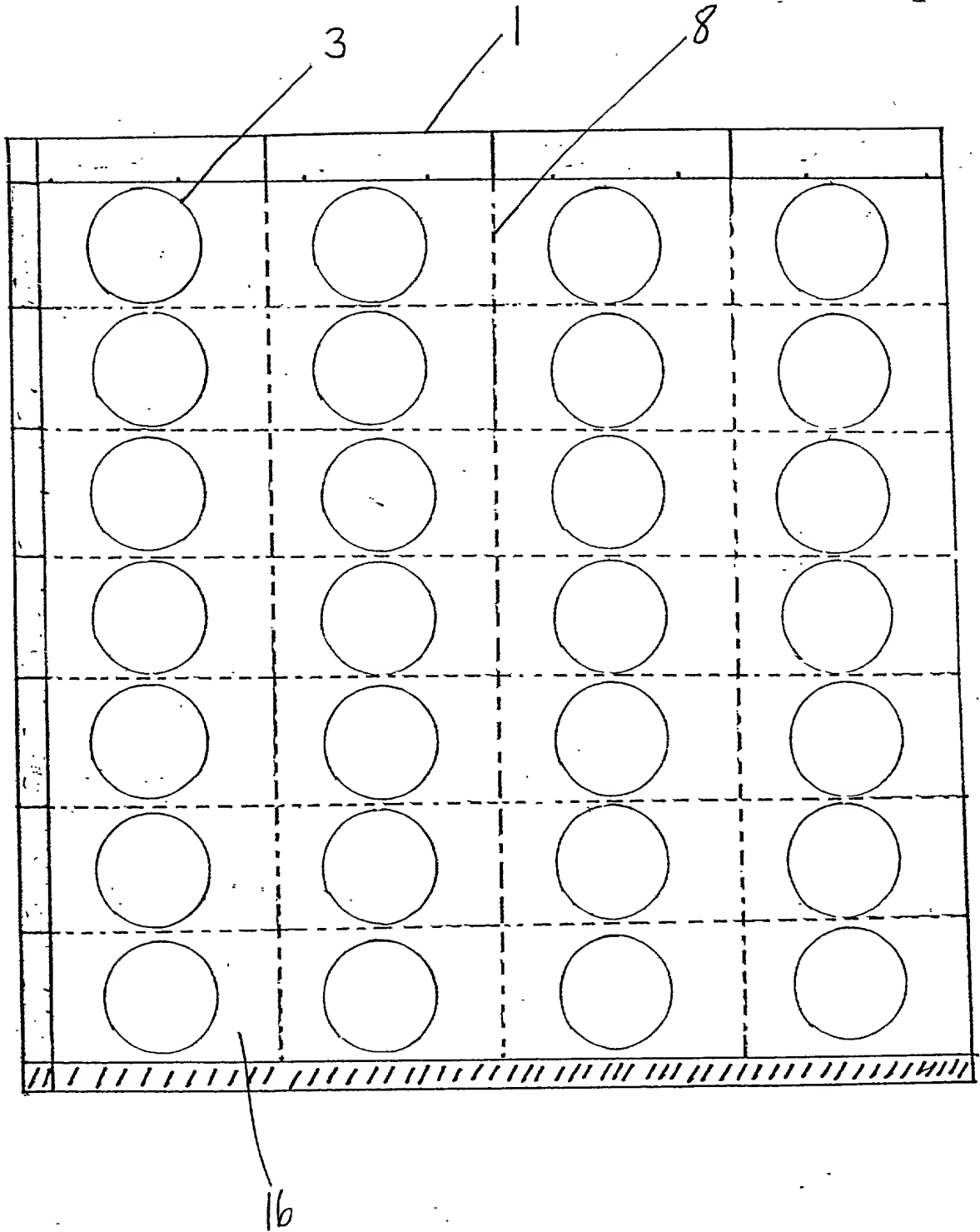
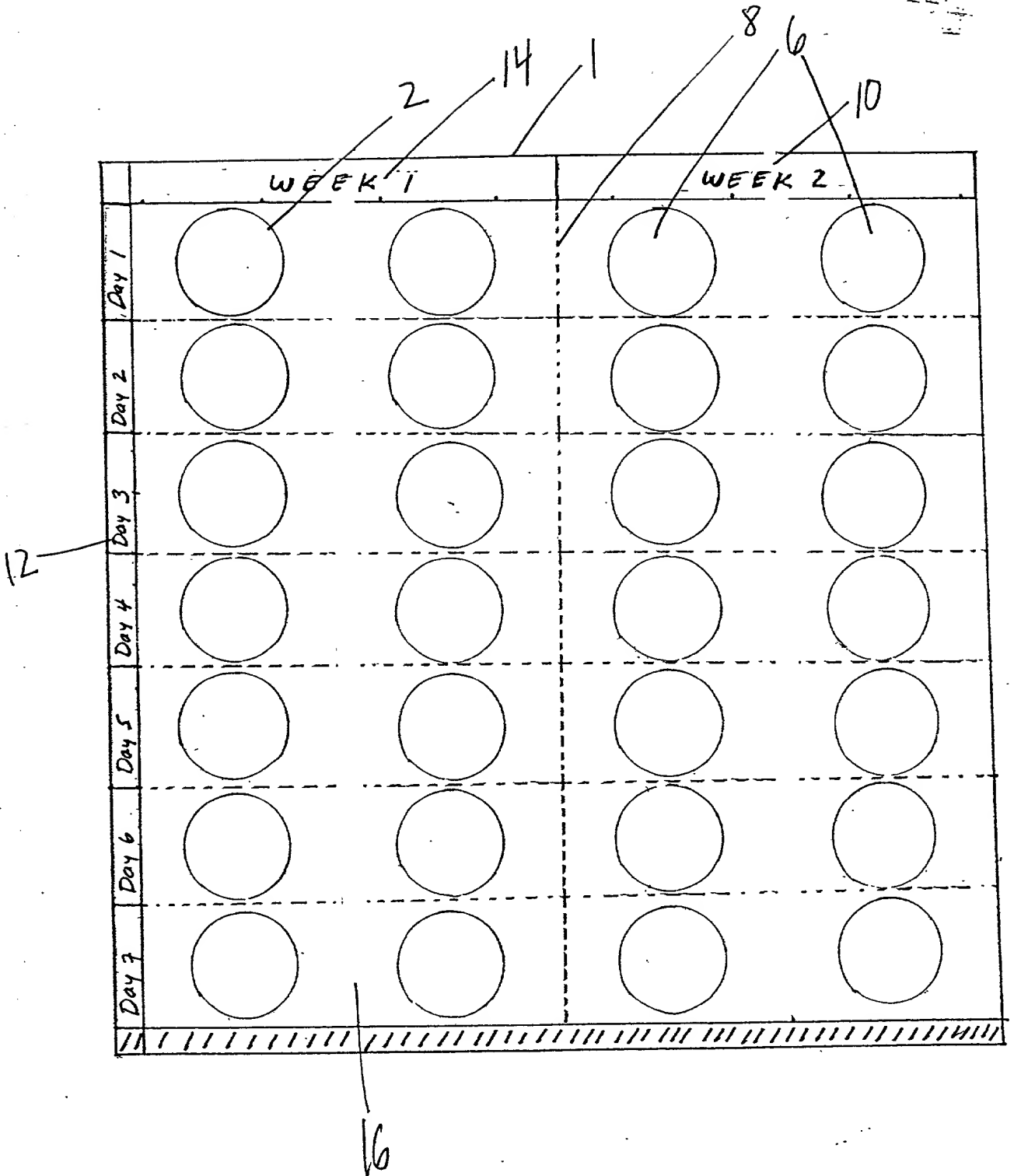
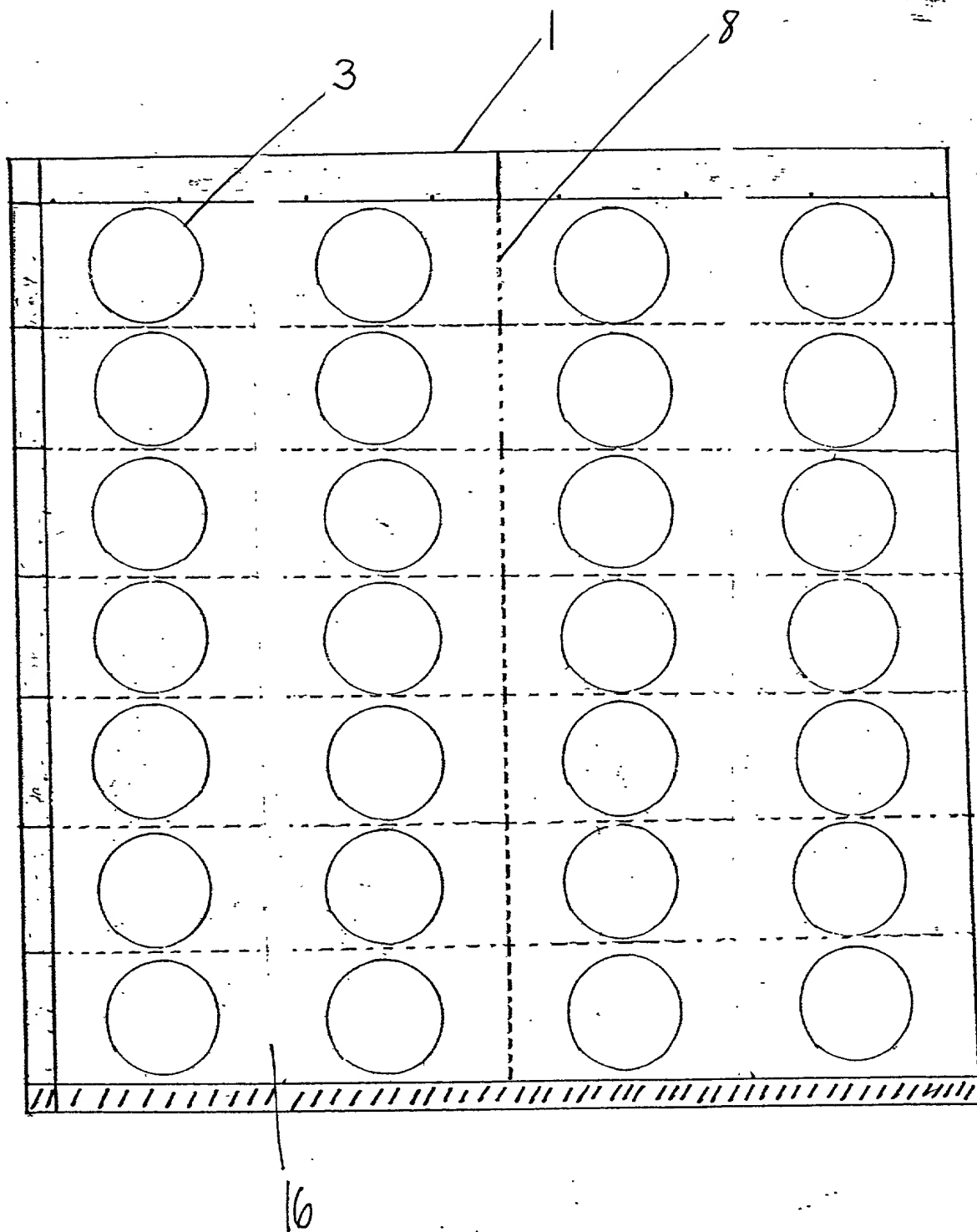


Figure 7



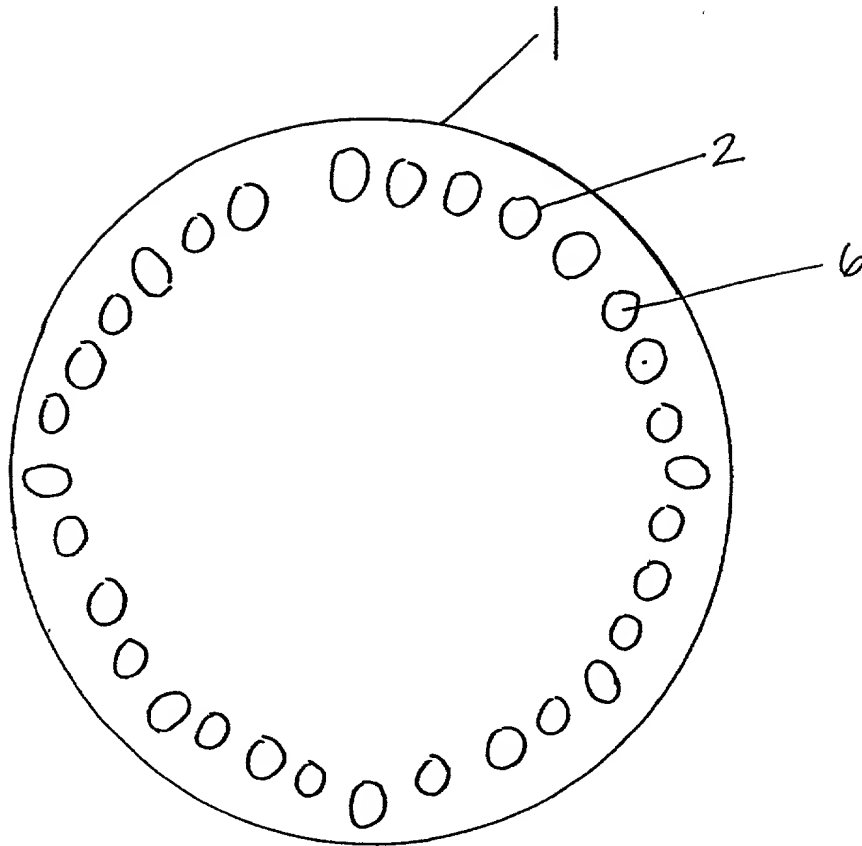
FOOT: 64002560

Figure 8



1022007 6400 6450

Figure 9



09970043 10001
FO200T 54002660

Figure 10

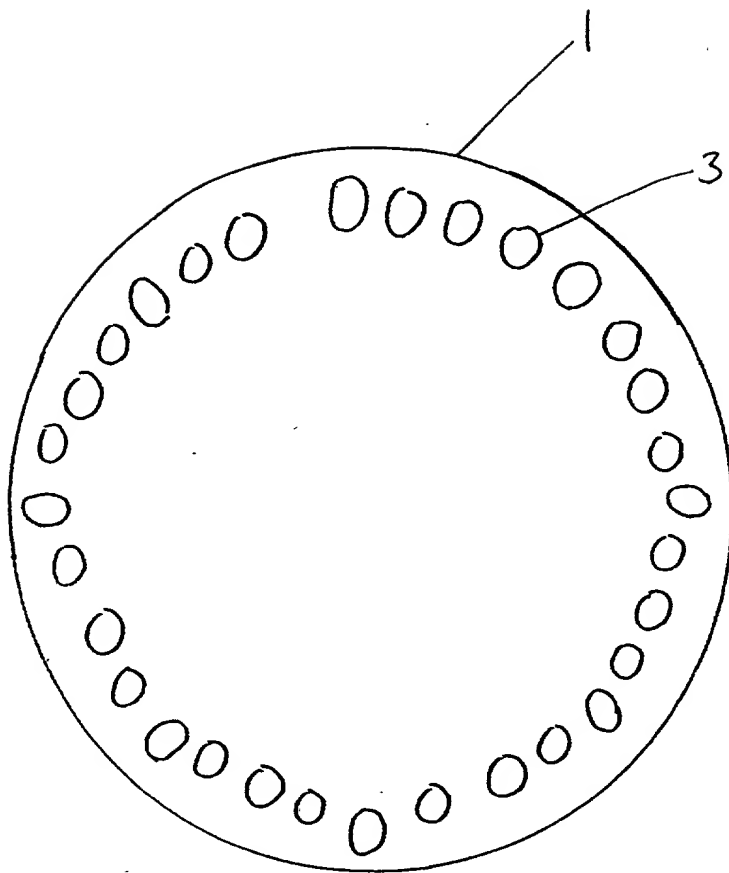
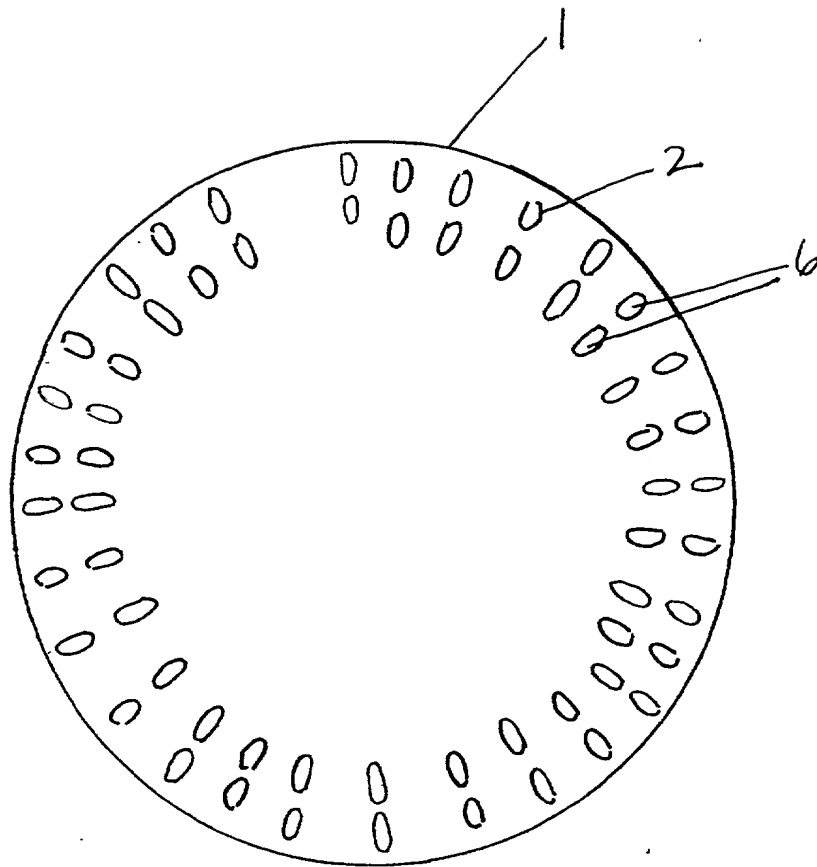


FIG. 10

Figure 11



09970045-100201

Figure 12

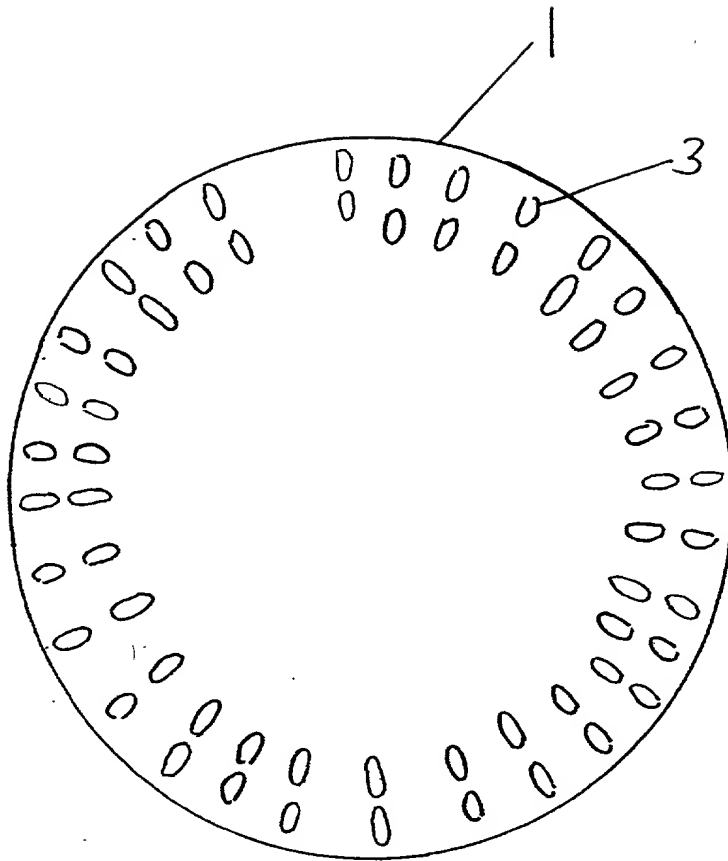
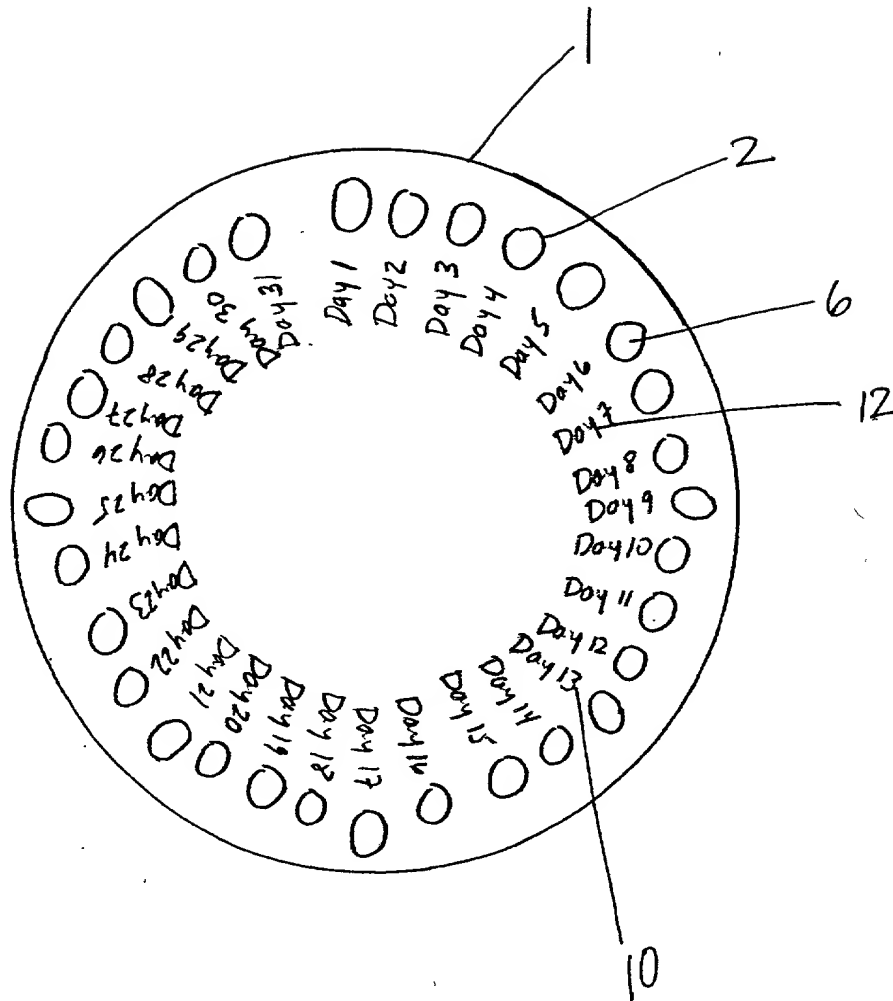


FIG. 12

Figure 13



09970049-100201

Figure 14

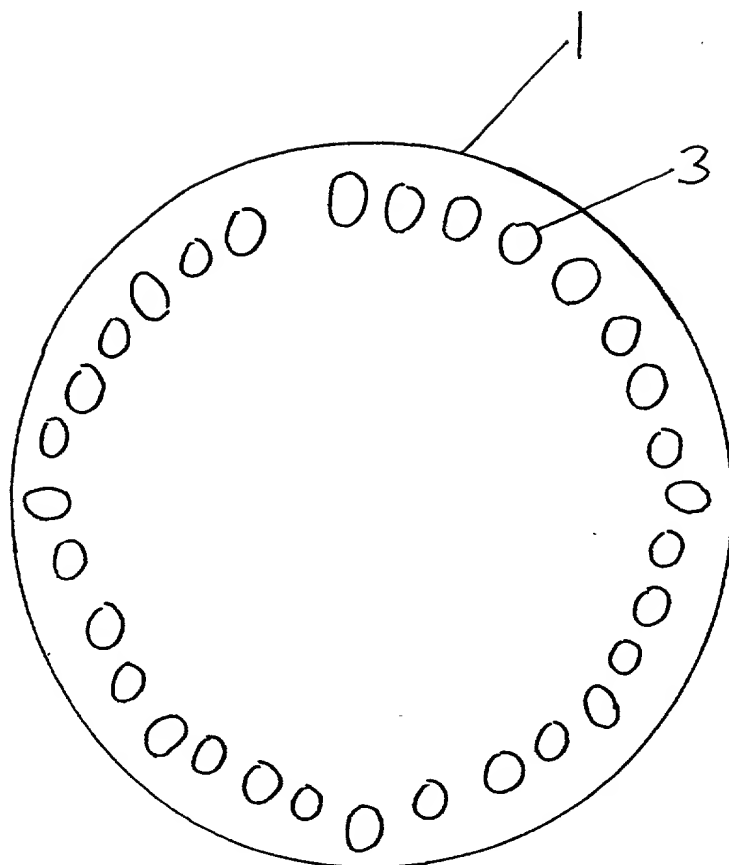
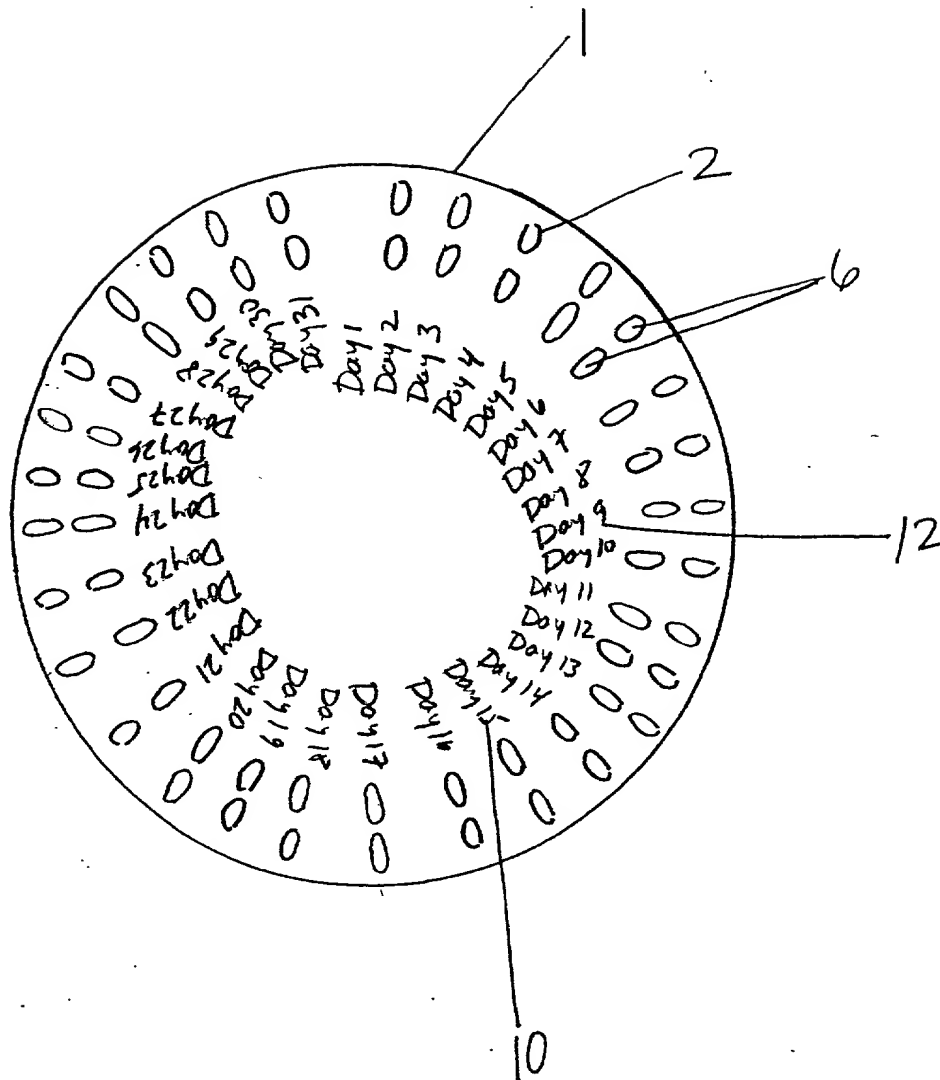


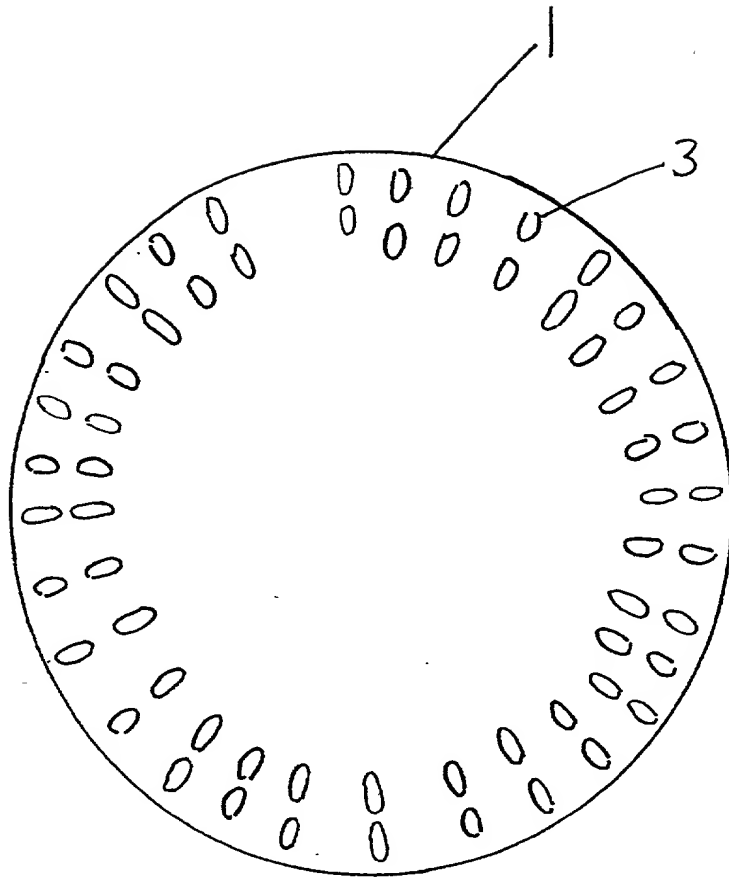
FIG. 14

Figure 15



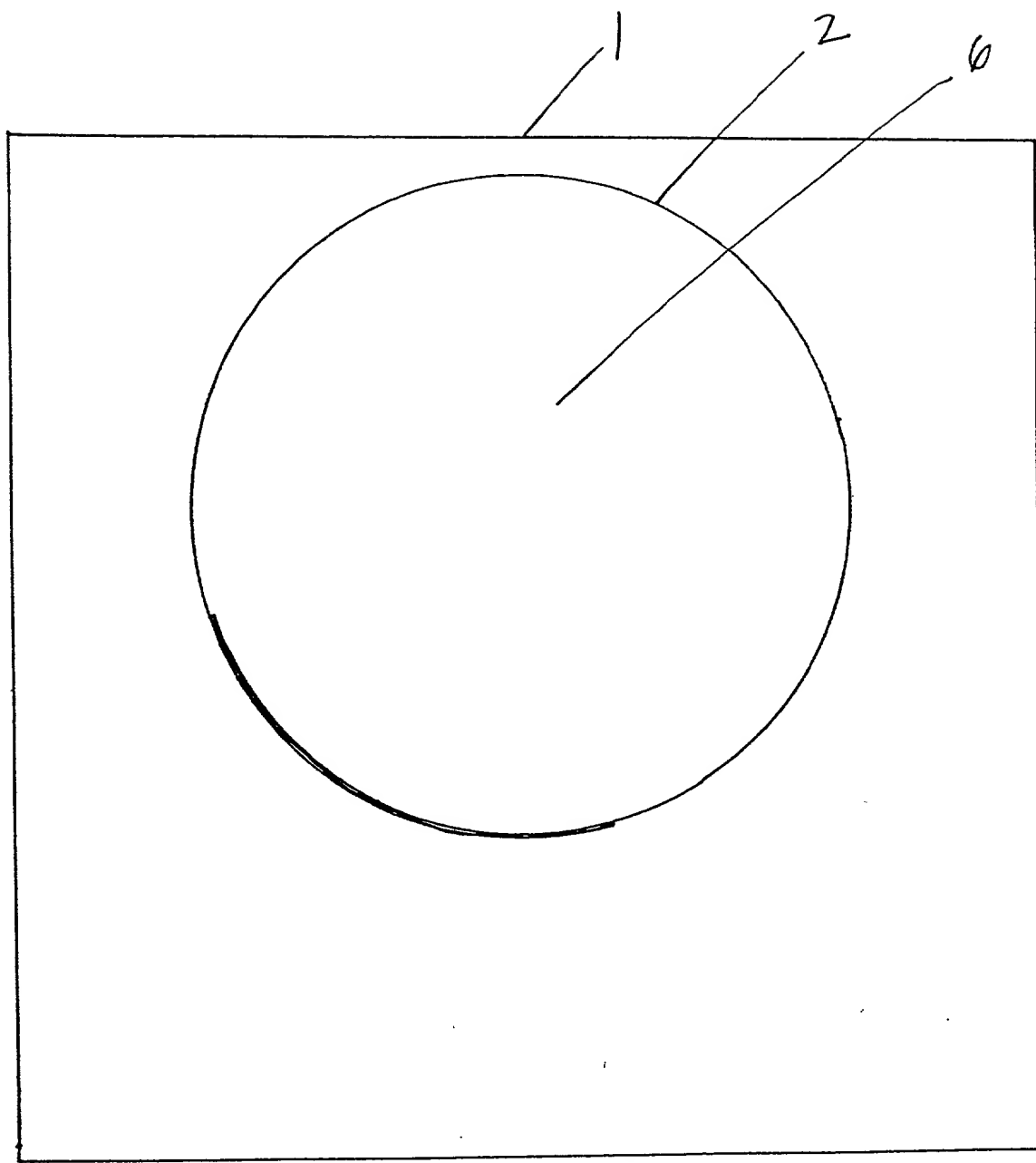
Variable	Mean	SD	Min	Max
Age	34.5	10.2	21	55
Gender	0.5	0.5	0	1
Marital status	0.6	0.5	0	1
Education	12.5	1.5	9	16
Income	15.2	5.8	5	35
Occupation	1.2	0.8	0	2
Health status	1.8	0.5	1	3
Stress level	2.5	0.8	1	4
Life satisfaction	3.2	0.7	2	4
Resilience	2.8	0.6	2	4
Optimism	3.5	0.5	3	4
Self-efficacy	3.8	0.4	3	4
Emotional stability	3.1	0.6	2	4
Prosocial behavior	3.4	0.5	2	4
Empathy	3.6	0.4	3	4
Agreeableness	3.3	0.5	2	4
Conscientiousness	3.7	0.4	3	4
Openness	3.9	0.3	3	4
Neuroticism	2.9	0.5	2	4
Extraversion	3.6	0.4	3	4
Intelligence	110.5	15.2	85	145
Memory	15.8	3.5	10	25
Attention	14.2	3.2	10	25
Processing speed	13.5	3.0	10	25
Verbal ability	12.8	2.8	10	25
Nonverbal ability	11.5	2.5	10	25
Fluid intelligence	10.2	2.2	10	25
Crystalline intelligence	11.8	2.5	10	25
Executive function	14.5	3.0	10	25
Working memory	13.2	2.8	10	25
Inhibition	12.5	2.5	10	25
Planning	13.8	2.8	10	25
Problem solving	14.2	3.0	10	25
Decision making	13.5	2.8	10	25
Emotional regulation	12.8	2.5	10	25
Stress management	13.2	2.8	10	25
Resilience (repeated)	12.5	2.5	10	25
Optimism (repeated)	13.8	2.8	10	25
Self-efficacy (repeated)	14.2	3.0	10	25
Emotional stability (repeated)	13.5	2.8	10	25
Prosocial behavior (repeated)	12.8	2.5	10	25
Empathy (repeated)	13.2	2.8	10	25
Agreeableness (repeated)	12.5	2.5	10	25
Conscientiousness (repeated)	13.8	2.8	10	25
Openness (repeated)	14.2	3.0	10	25
Neuroticism (repeated)	13.5	2.8	10	25
Extraversion (repeated)	12.8	2.5	10	25
Intelligence (repeated)	110.5	15.2	85	145
Memory (repeated)	15.8	3.5	10	25
Attention (repeated)	14.2	3.2	10	25
Processing speed (repeated)	13.5	3.0	10	25
Verbal ability (repeated)	12.8	2.8	10	25
Nonverbal ability (repeated)	11.5	2.5	10	25
Fluid intelligence (repeated)	10.2	2.2	10	25
Crystalline intelligence (repeated)	11.8	2.5	10	25
Executive function (repeated)	14.5	3.0	10	25
Working memory (repeated)	13.2	2.8	10	25
Inhibition (repeated)	12.5	2.5	10	25
Planning (repeated)	13.8	2.8	10	25
Problem solving (repeated)	14.2	3.0	10	25
Decision making (repeated)	13.5	2.8	10	25
Emotional regulation (repeated)	12.8	2.5	10	25
Stress management (repeated)	13.2	2.8	10	25
Resilience (repeated)	12.5	2.5	10	25
Optimism (repeated)	13.8	2.8	10	25
Self-efficacy (repeated)	14.2	3.0	10	25
Emotional stability (repeated)	13.5	2.8	10	25
Prosocial behavior (repeated)	12.8	2.5	10	25
Empathy (repeated)	13.2	2.8	10	25
Agreeableness (repeated)	12.5	2.5	10	25
Conscientiousness (repeated)	13.8	2.8	10	25
Openness (repeated)	14.2	3.0	10	25
Neuroticism (repeated)	13.5	2.8	10	25
Extraversion (repeated)	12.8	2.5	10	25

Figure 16



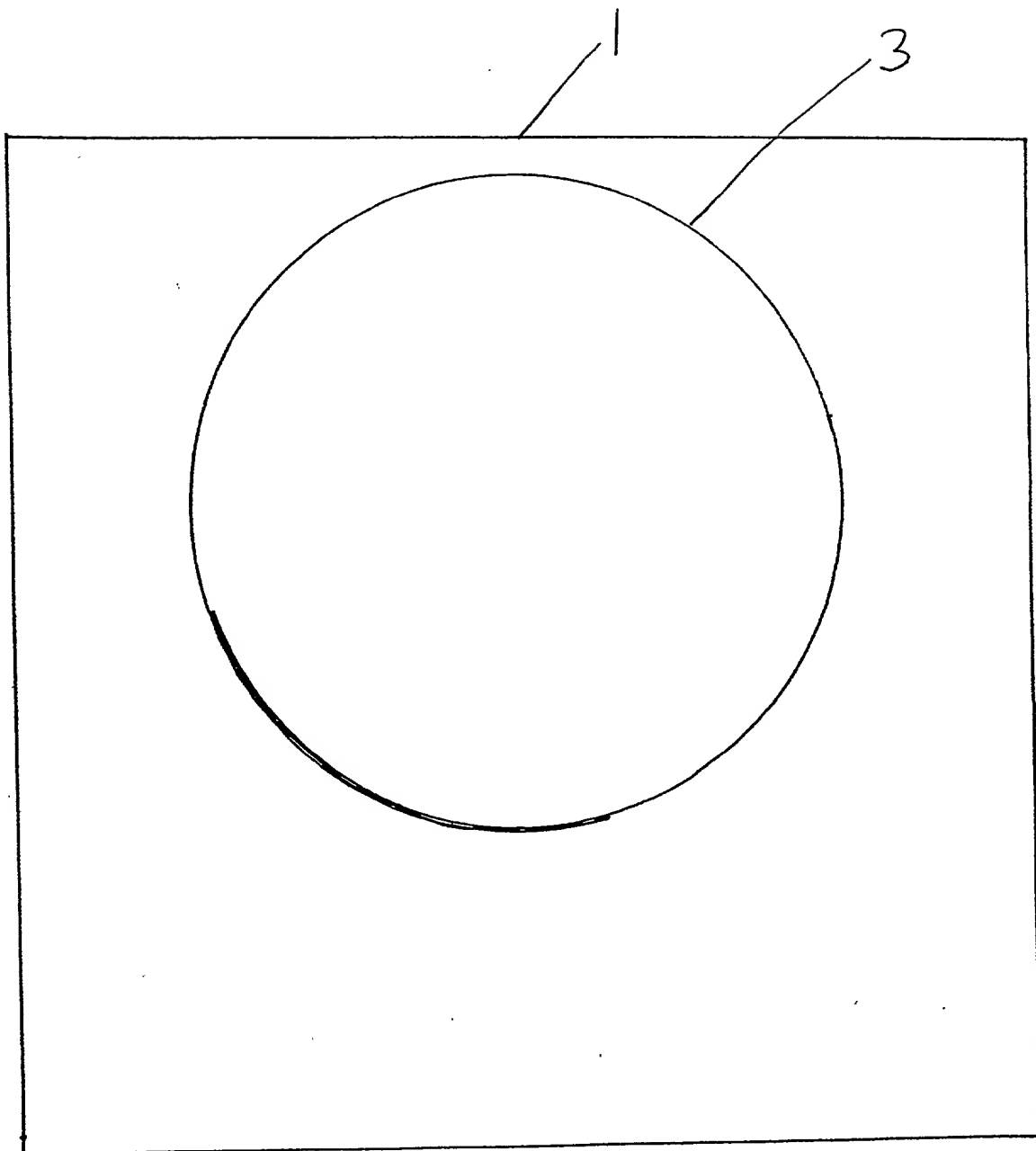
FOOT-6400250

Figure 17



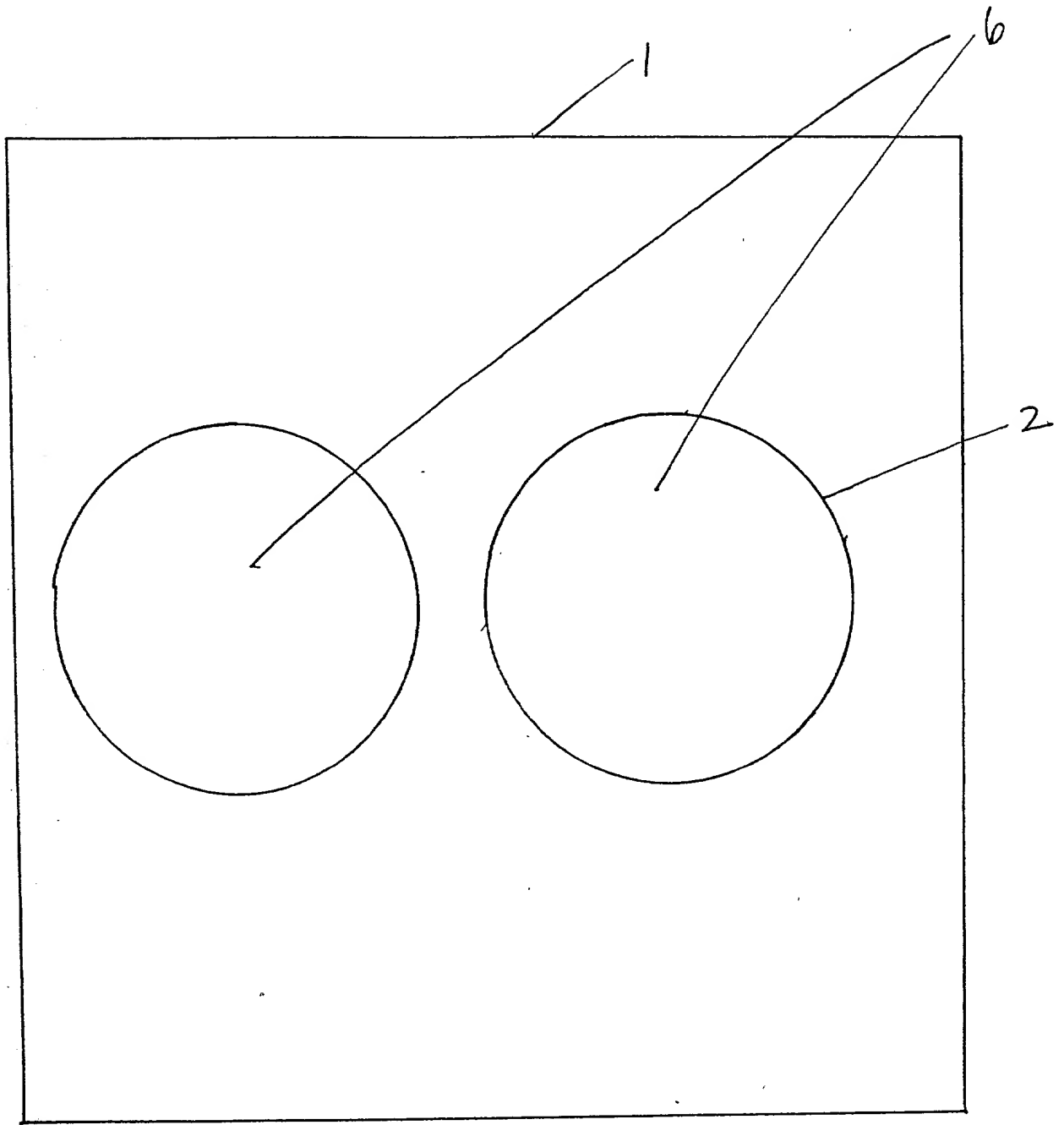
70200T" 64002660

Figure 18



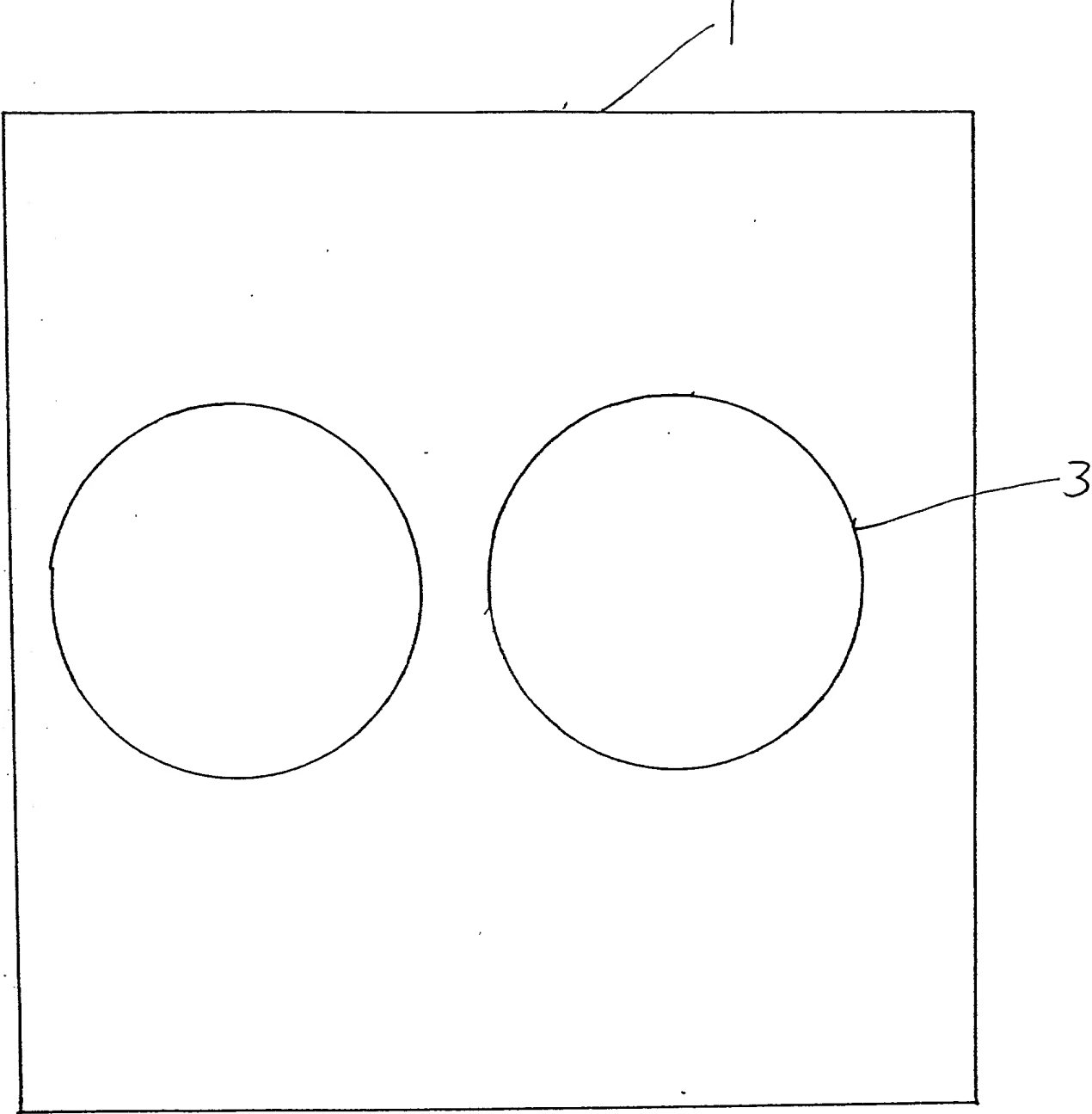
09970049-100001

Figure 19



FOOT" 6400/550

Figure 20



09370049-100204
FOUO 154002560

Figure 21

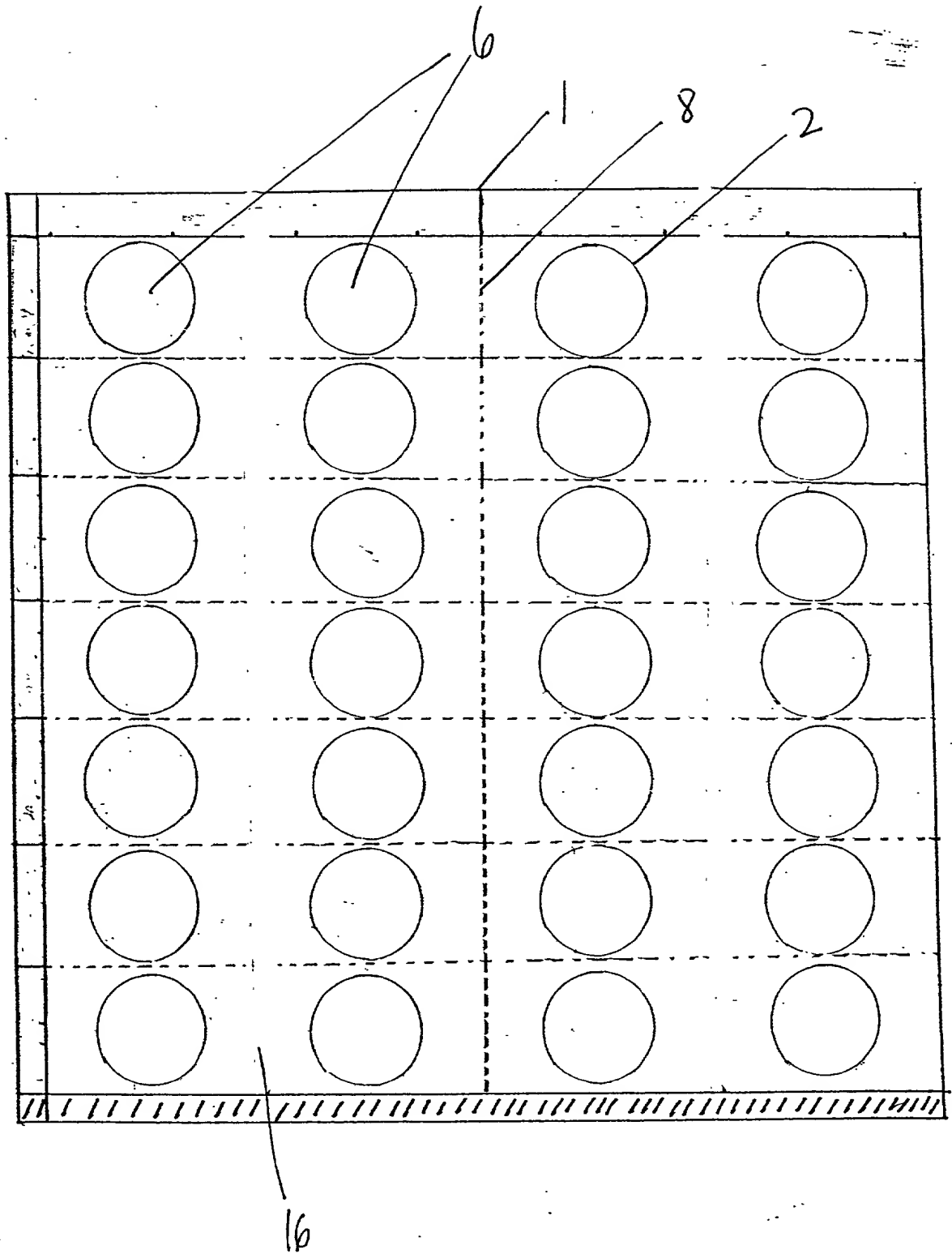


Figure 22

FOOT 640650

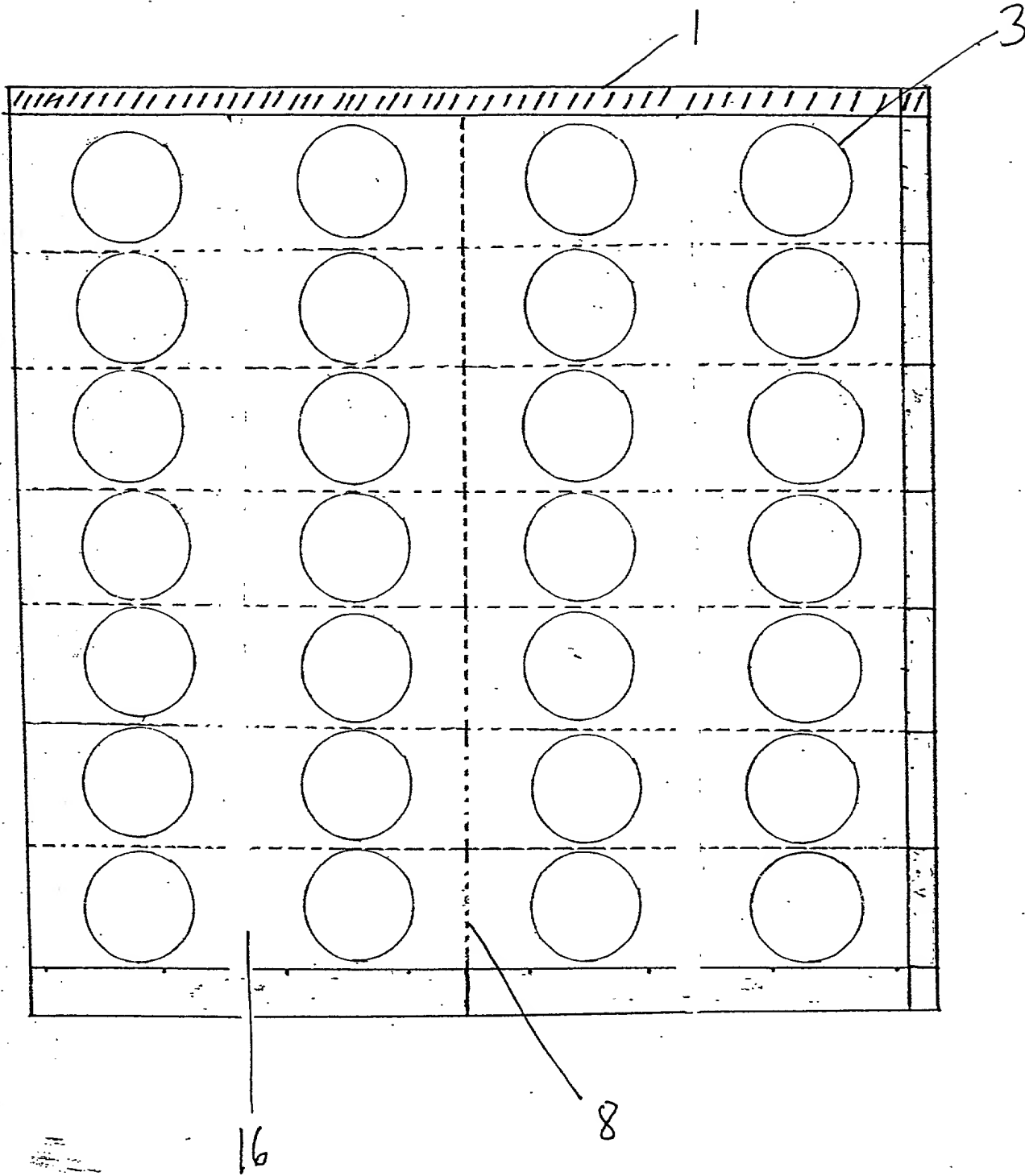


Figure 23

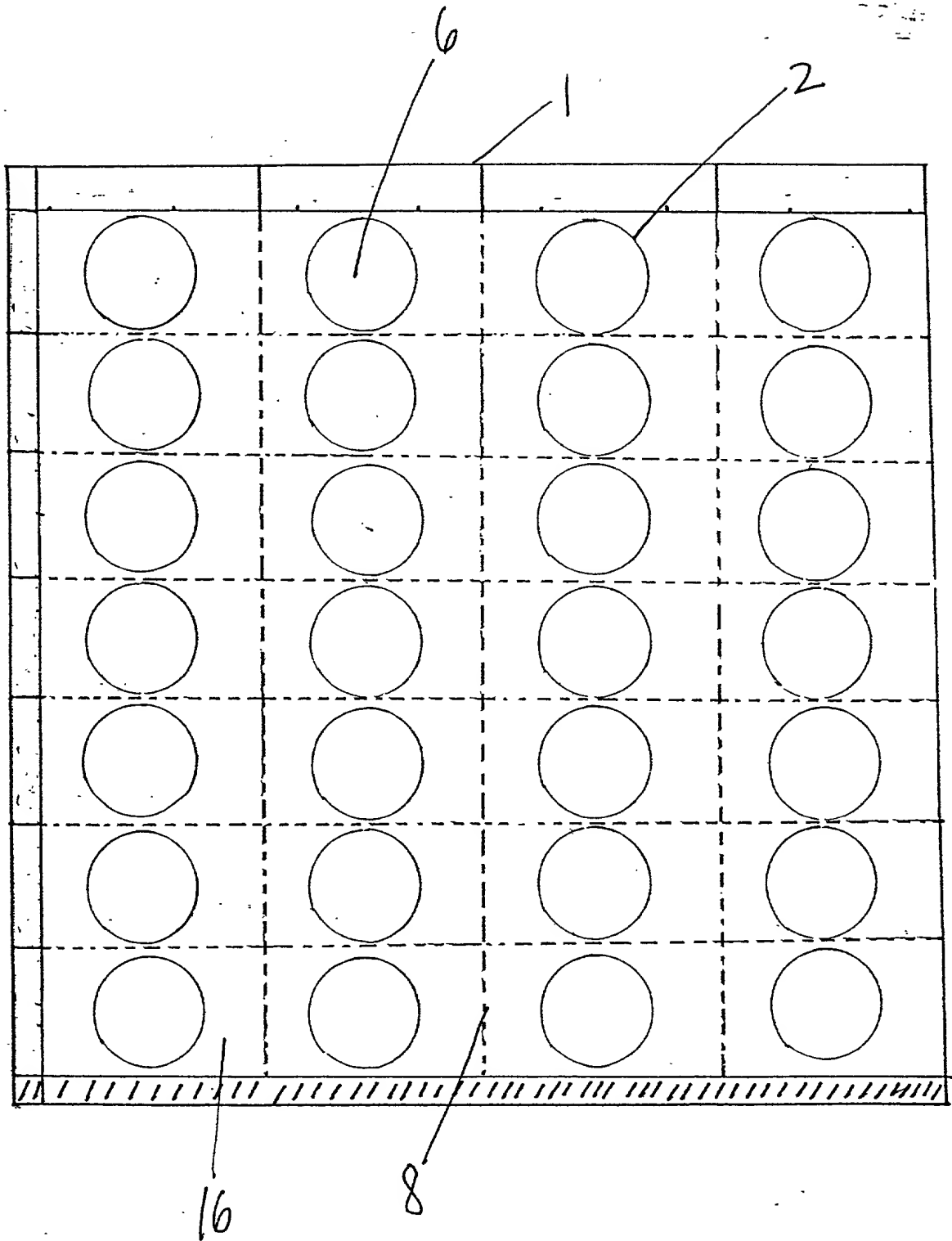


Figure 24

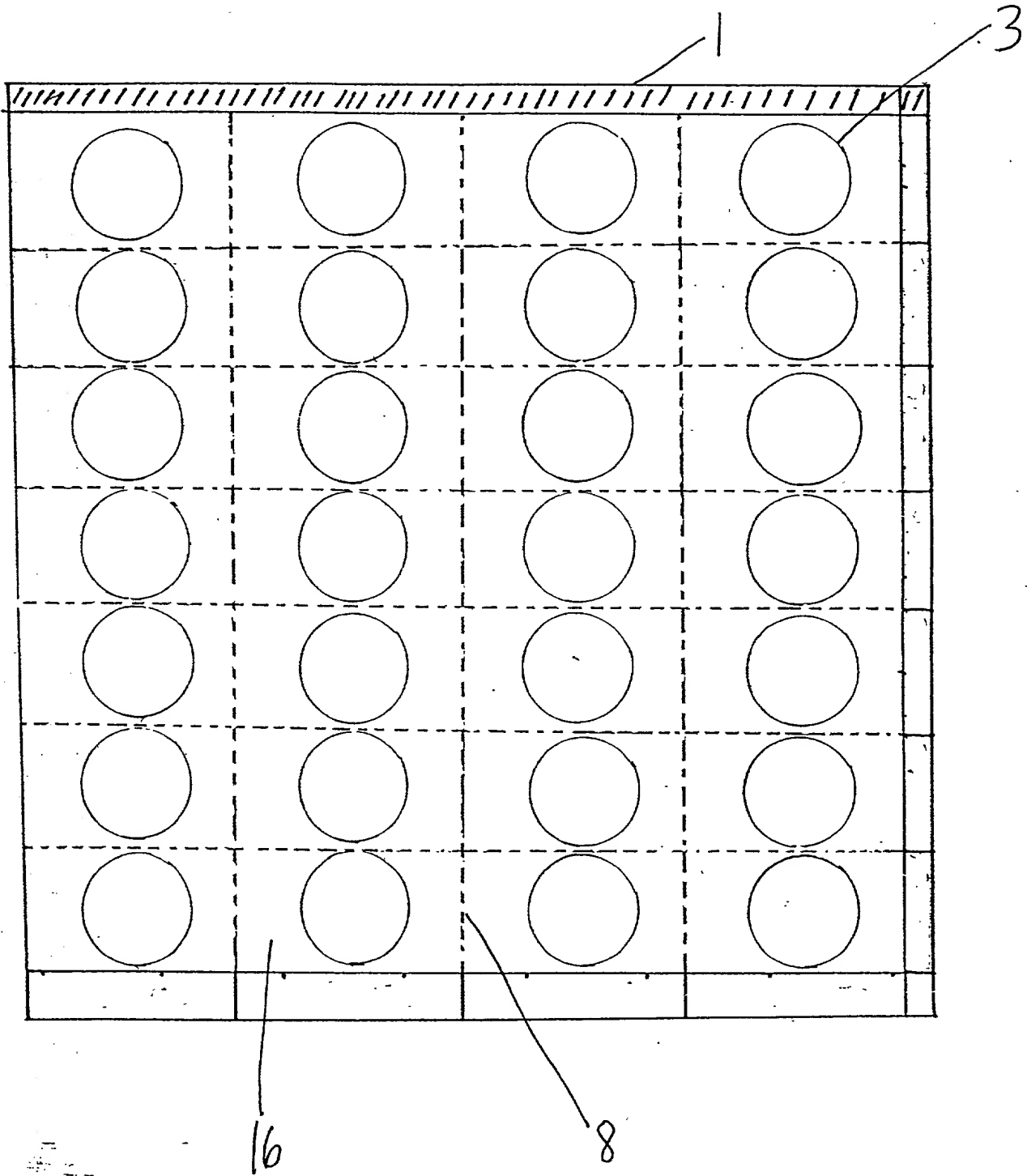
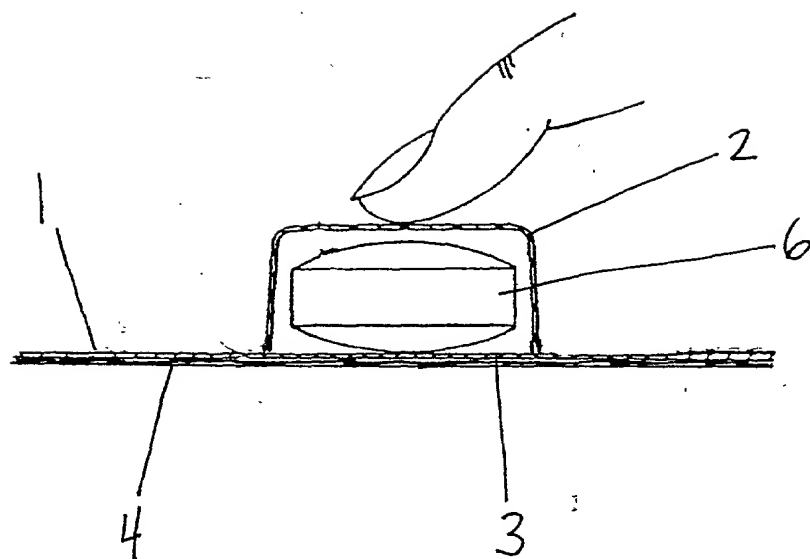
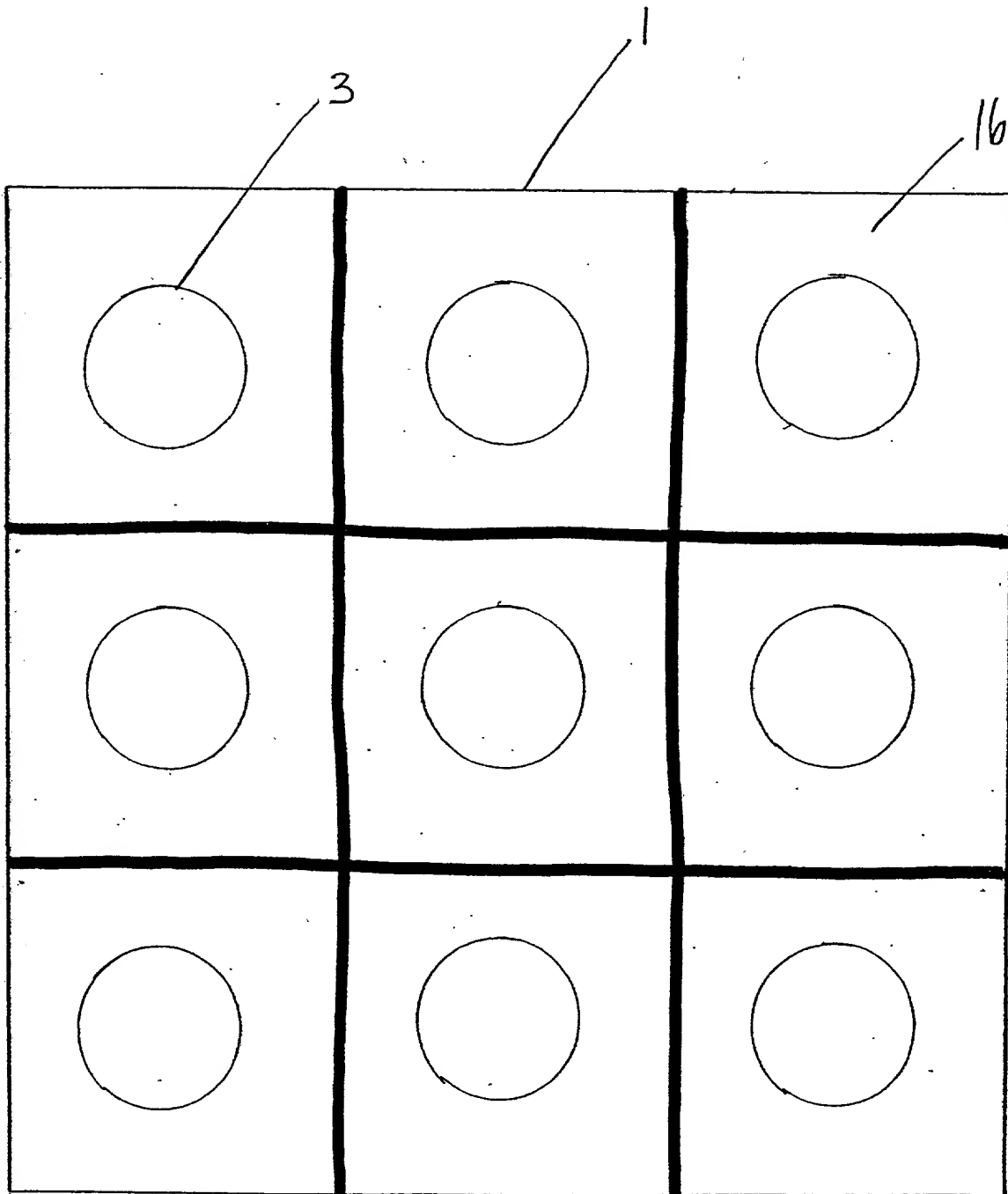


Figure 25



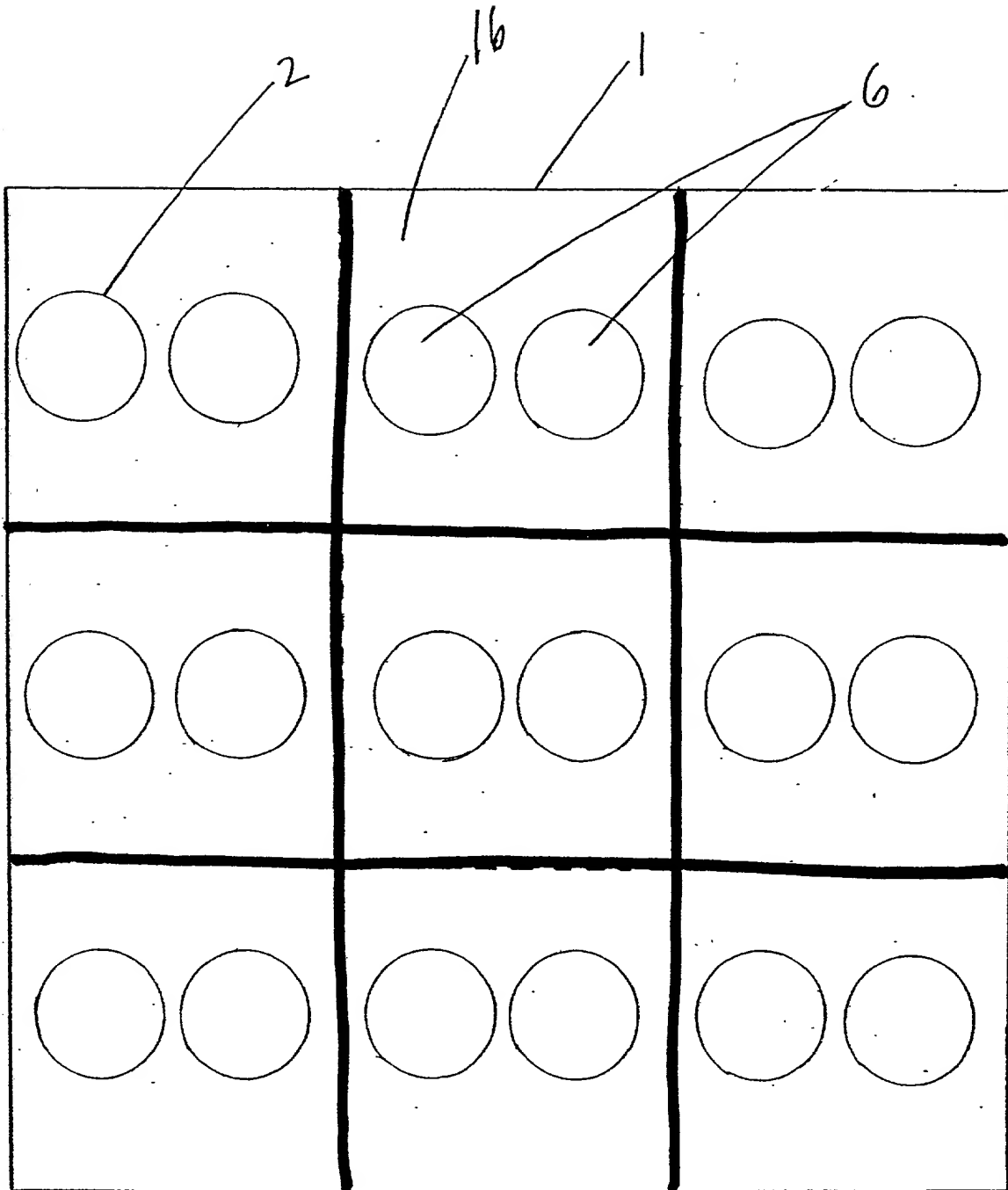
09970049-10001

Figure 26



FOOT" 6400250

Figure 27



FOUO 64004660

Figure 28

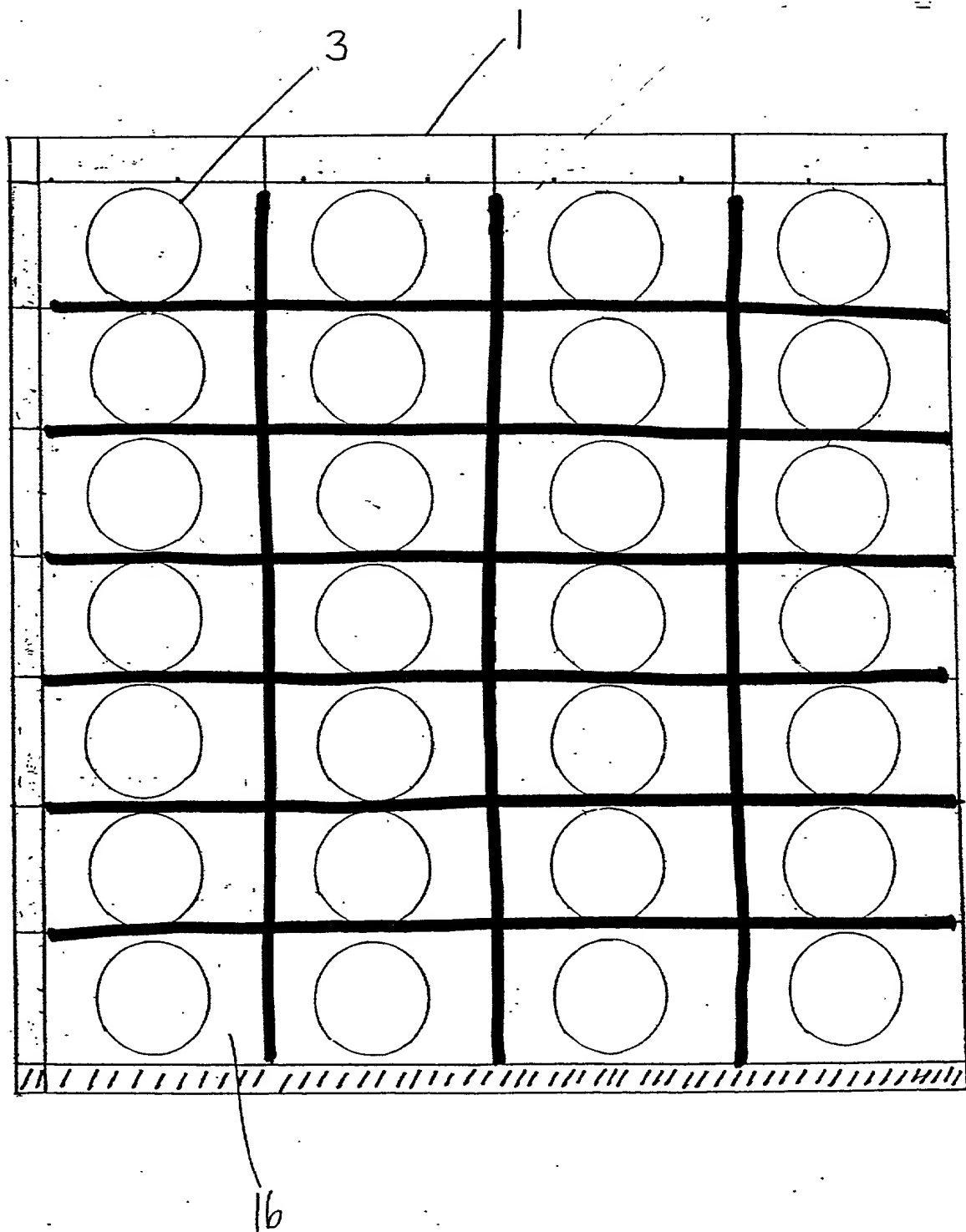


Figure 29

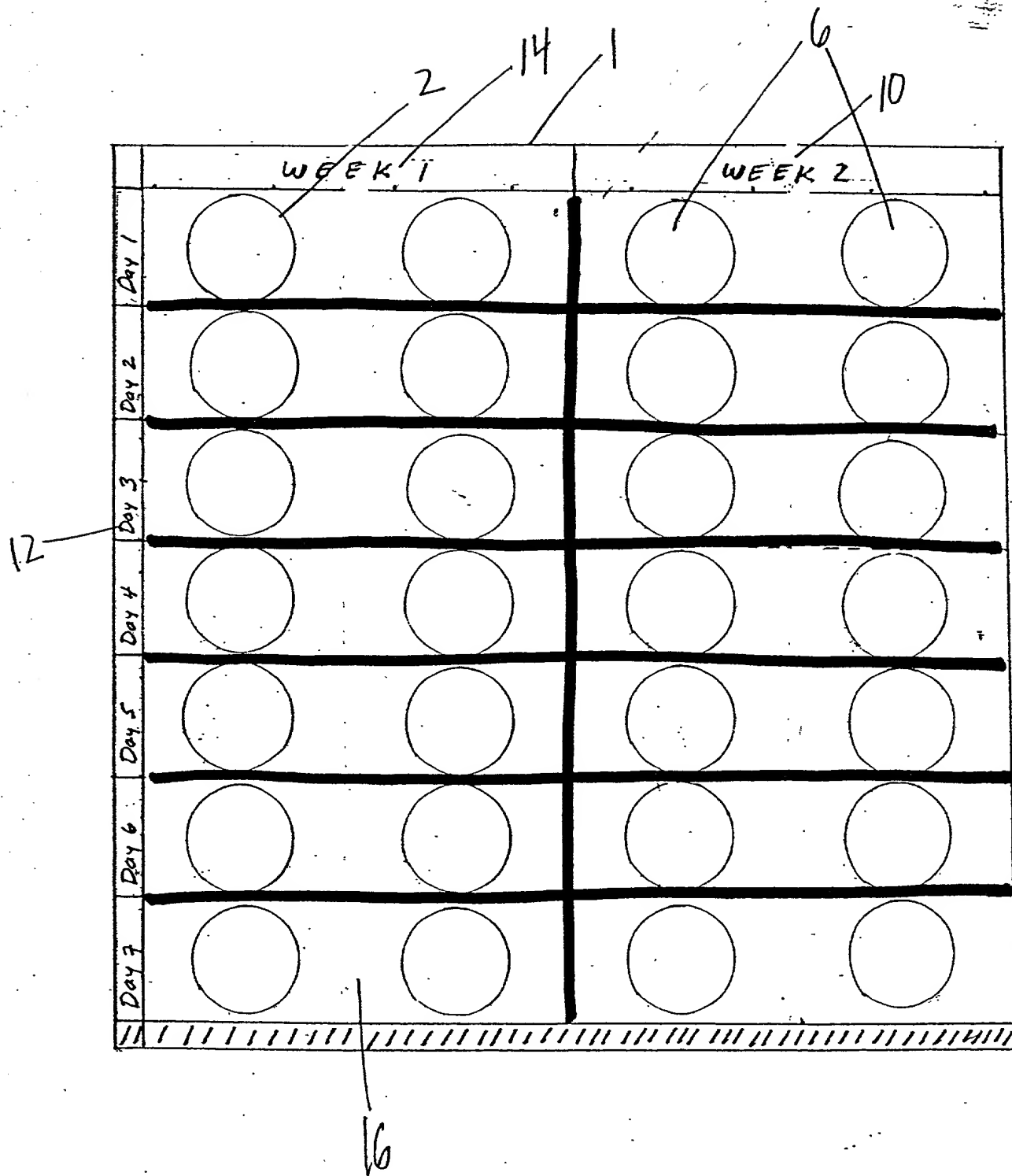


Figure 30

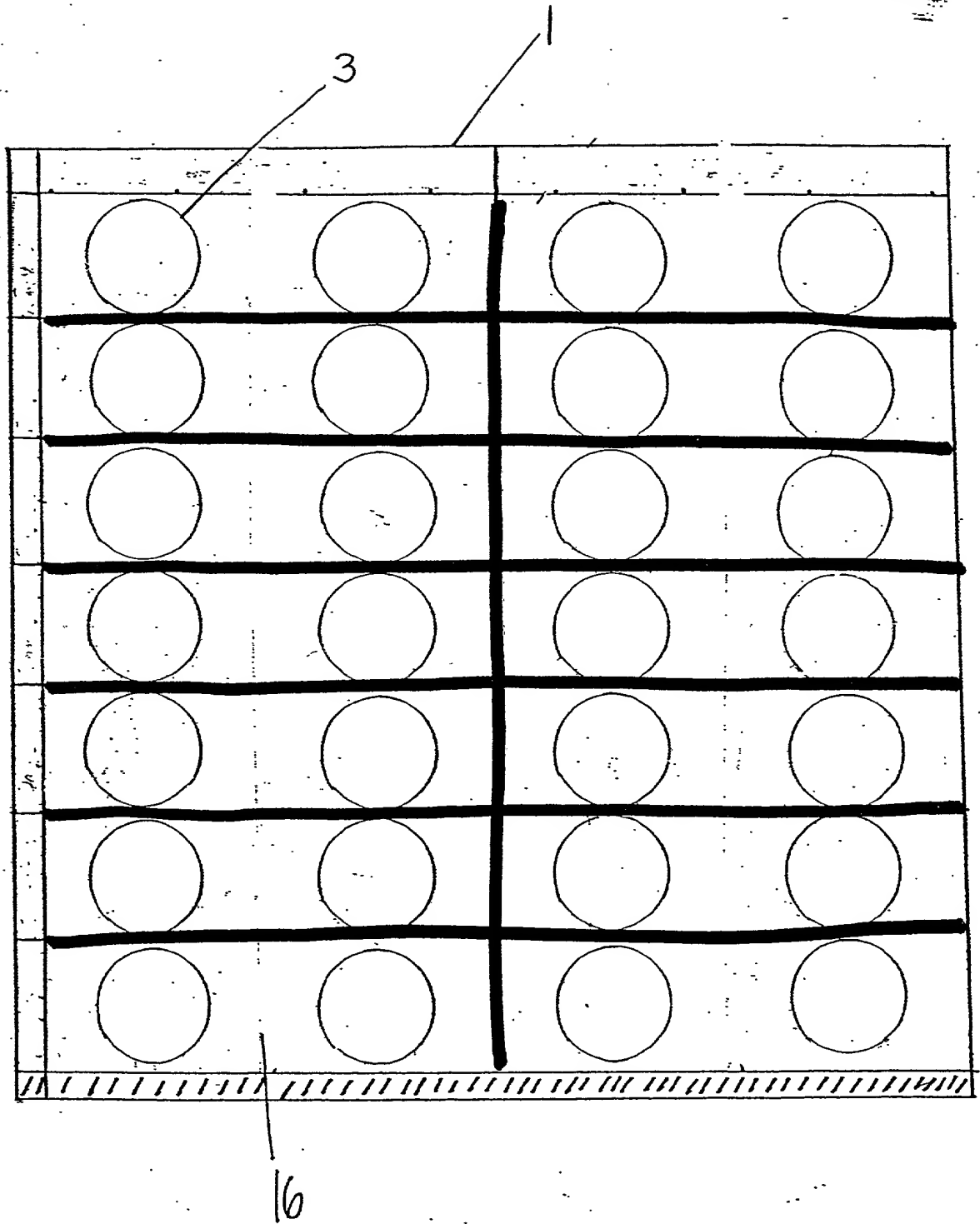
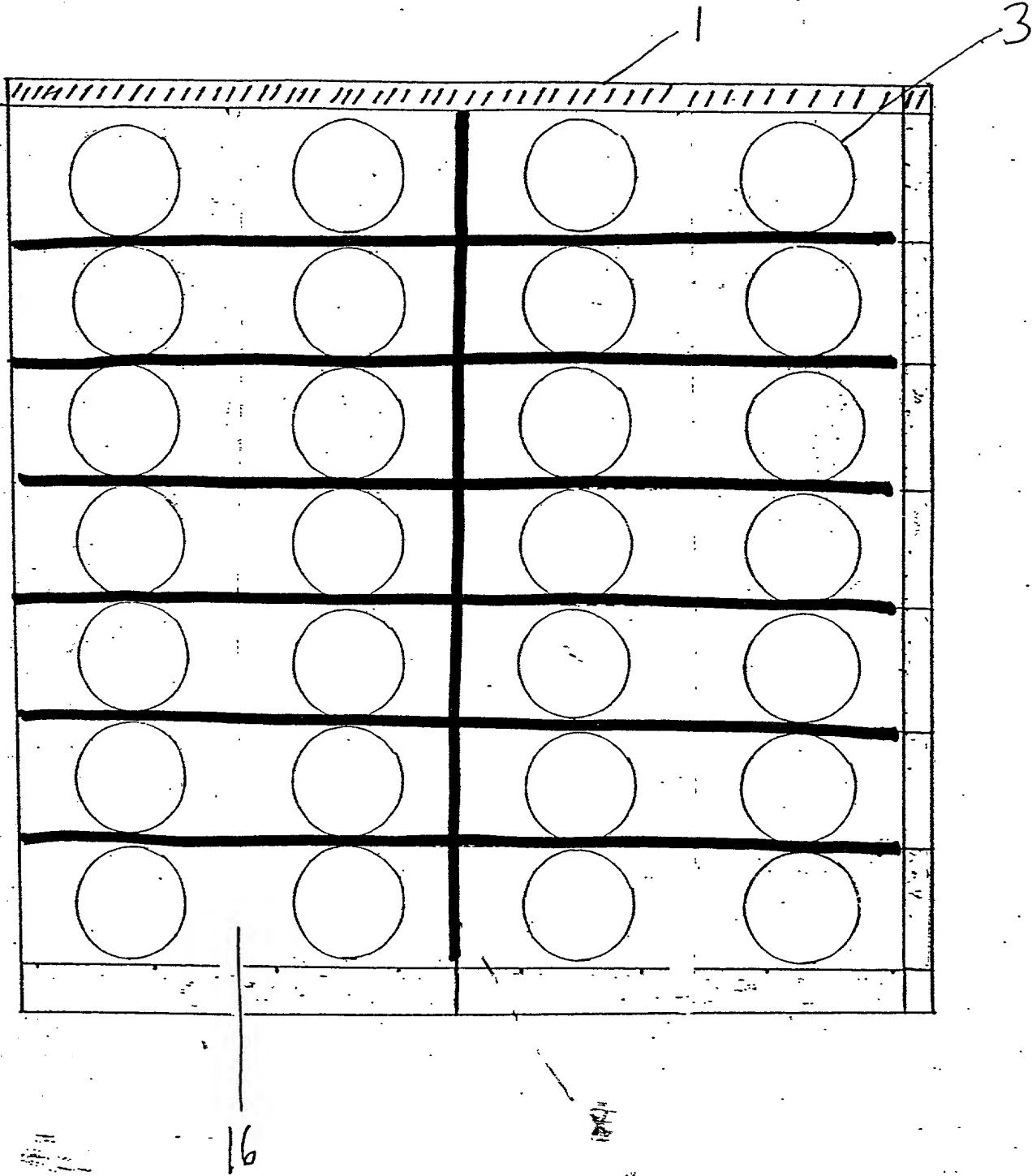
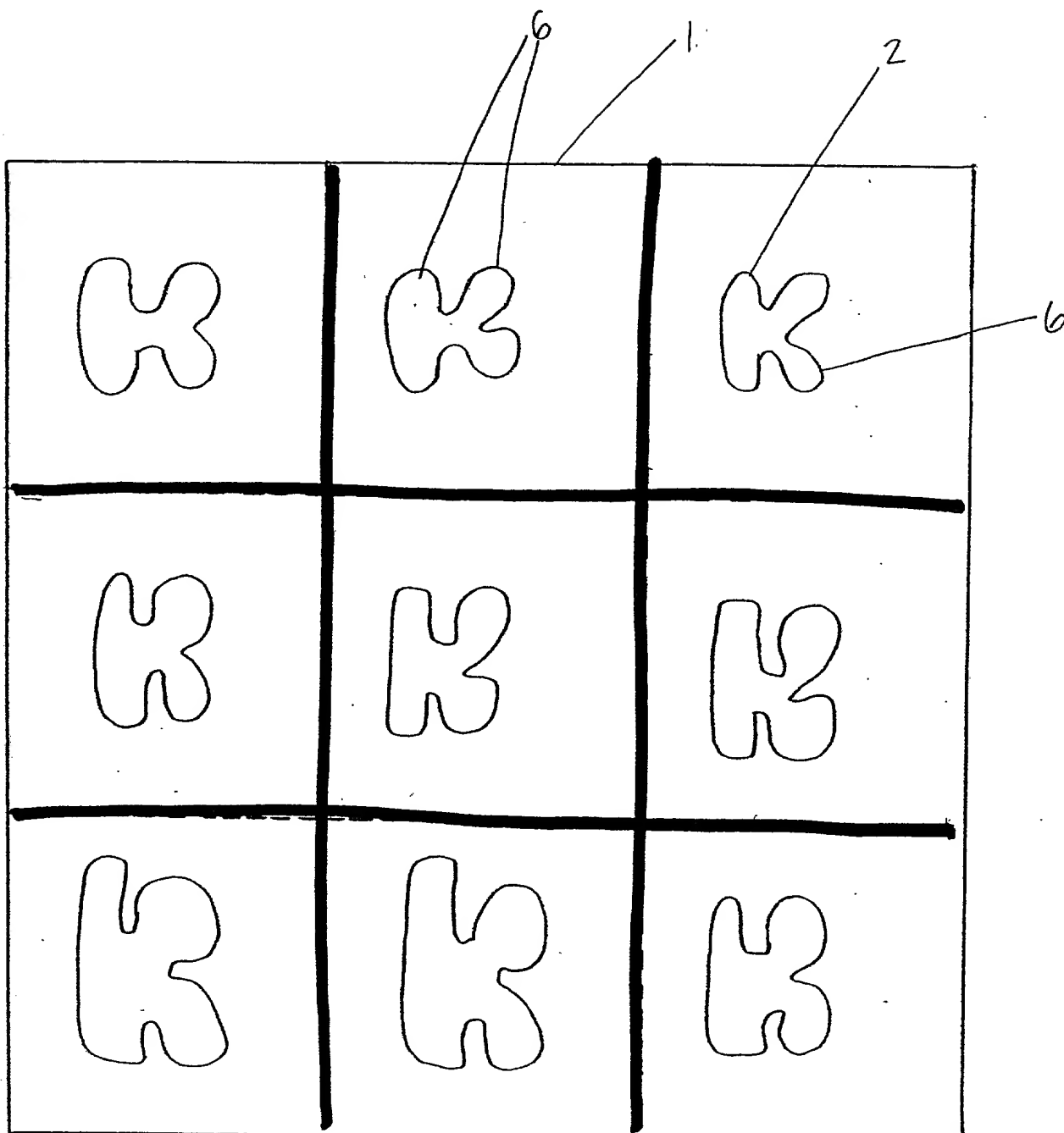


Figure 31



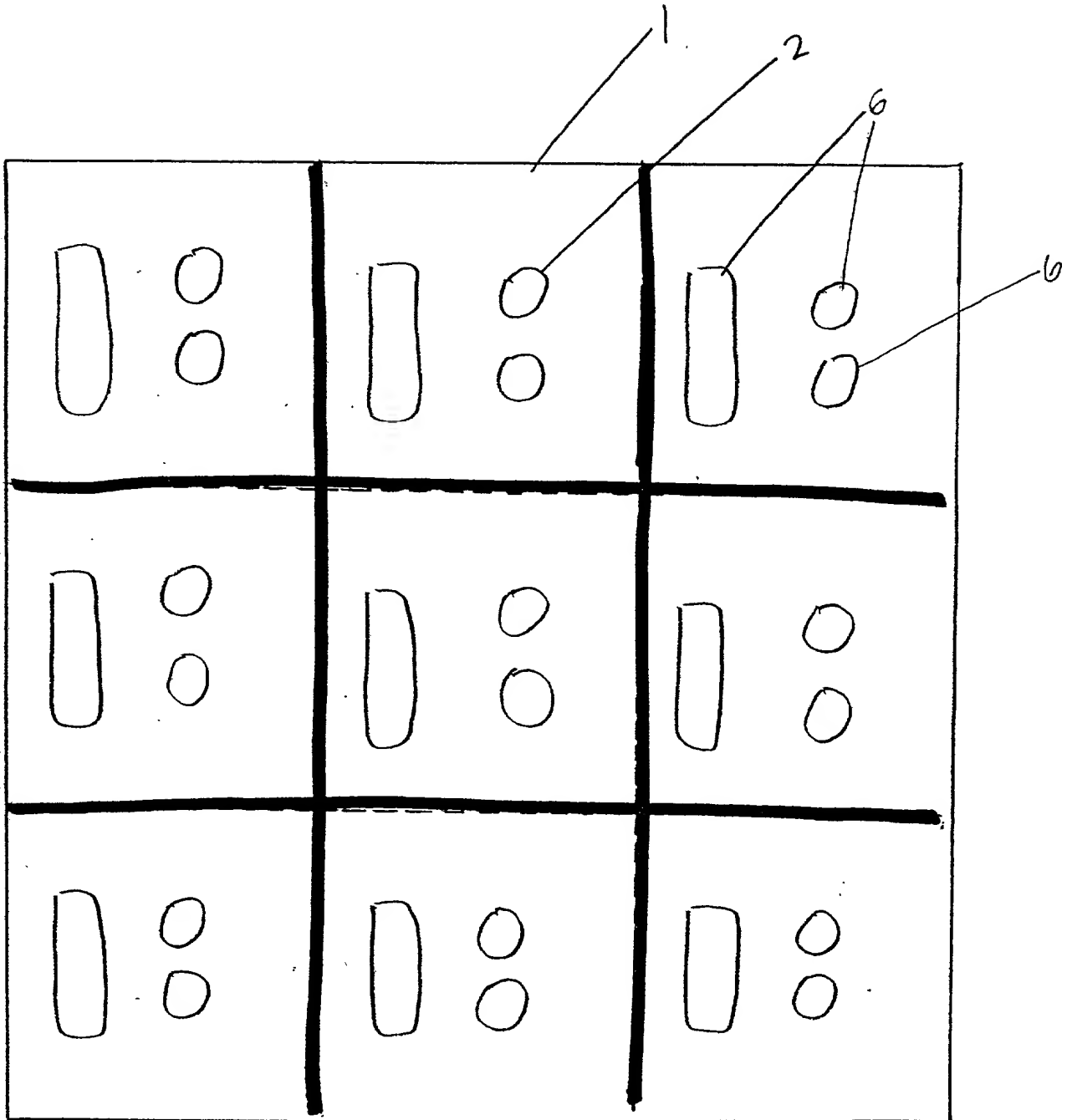
FO2007-04002550

Figure 32



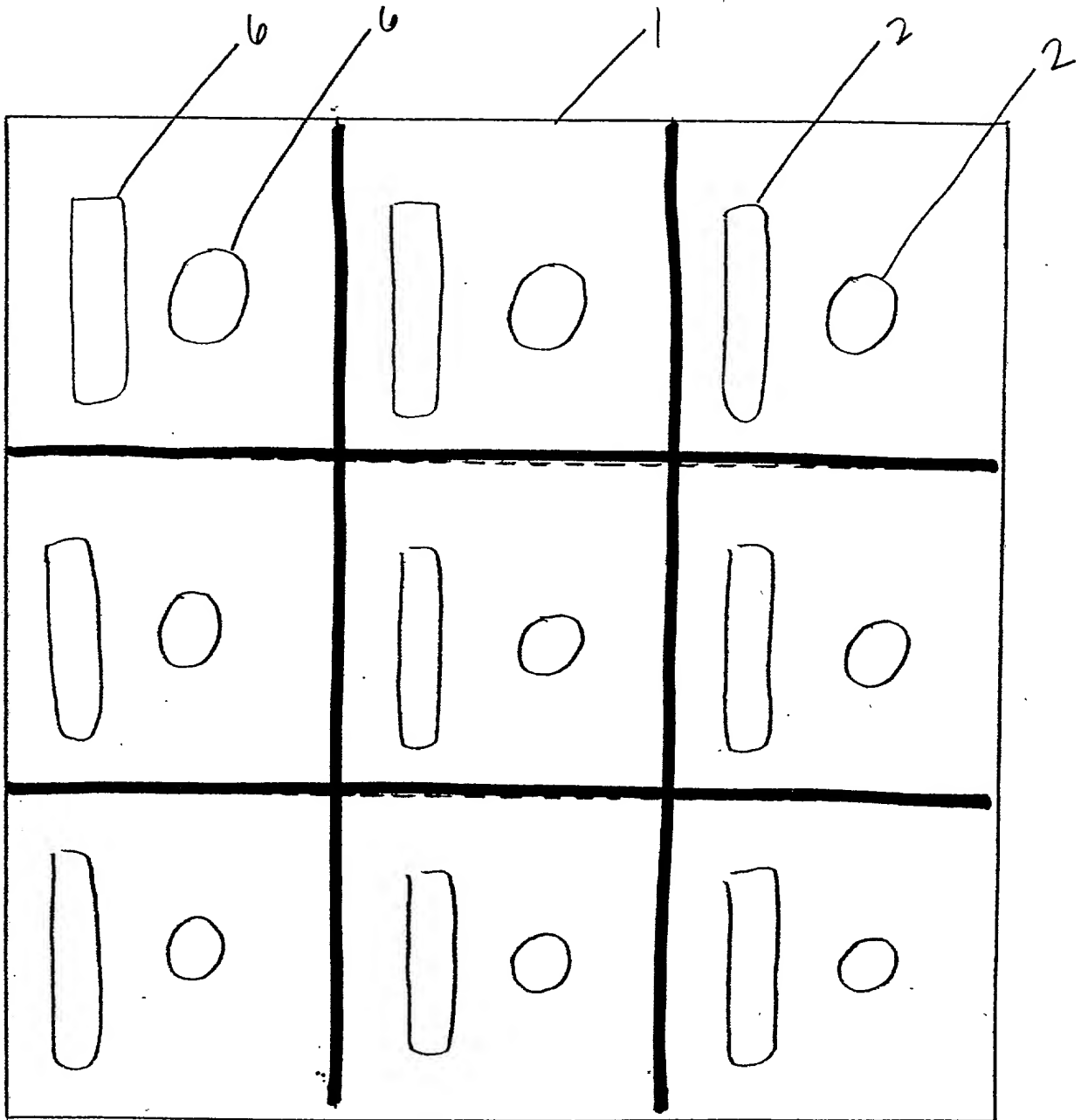
FOOT 5400660

Figure 33



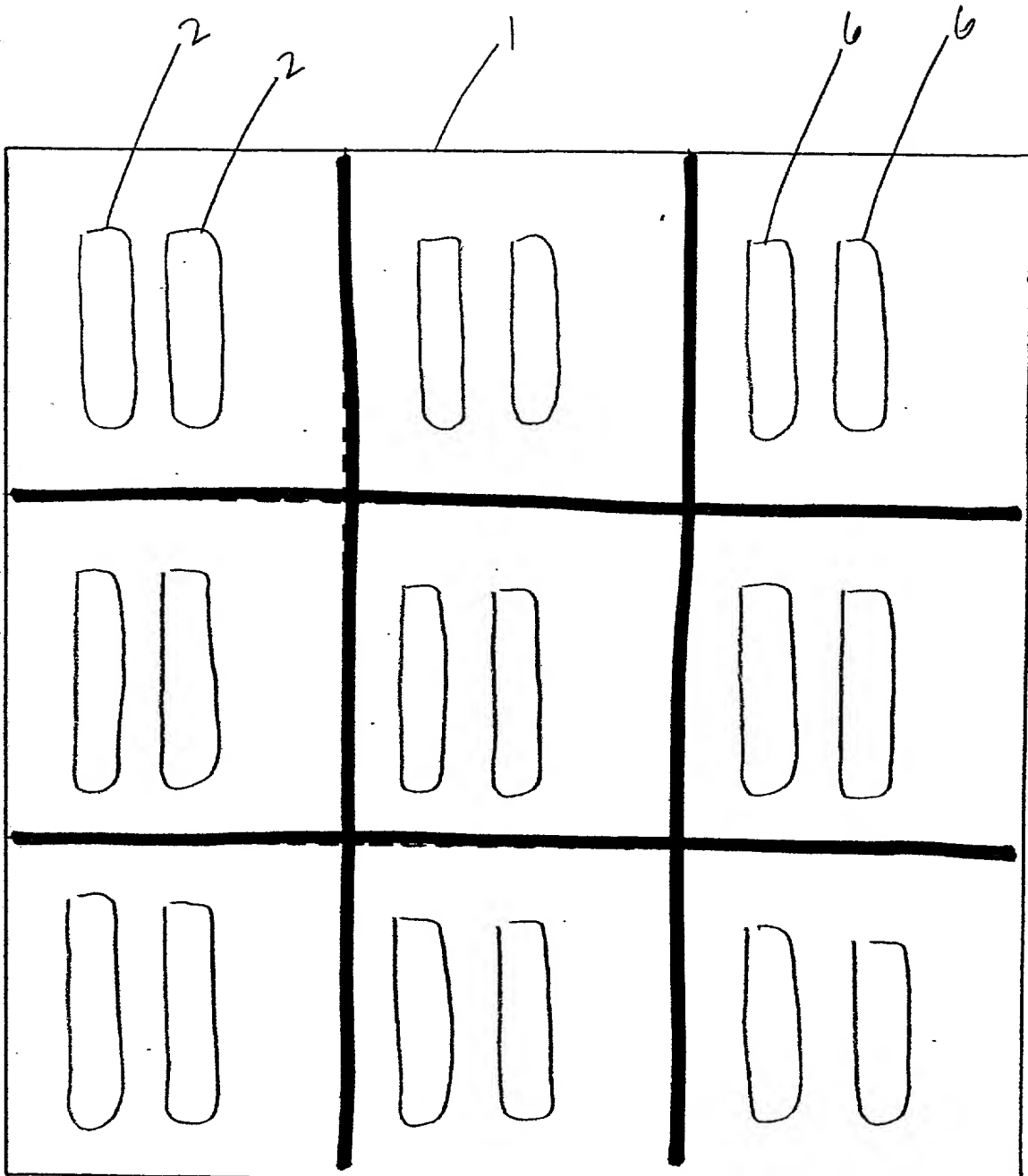
FOOT-64002550

Figure 34



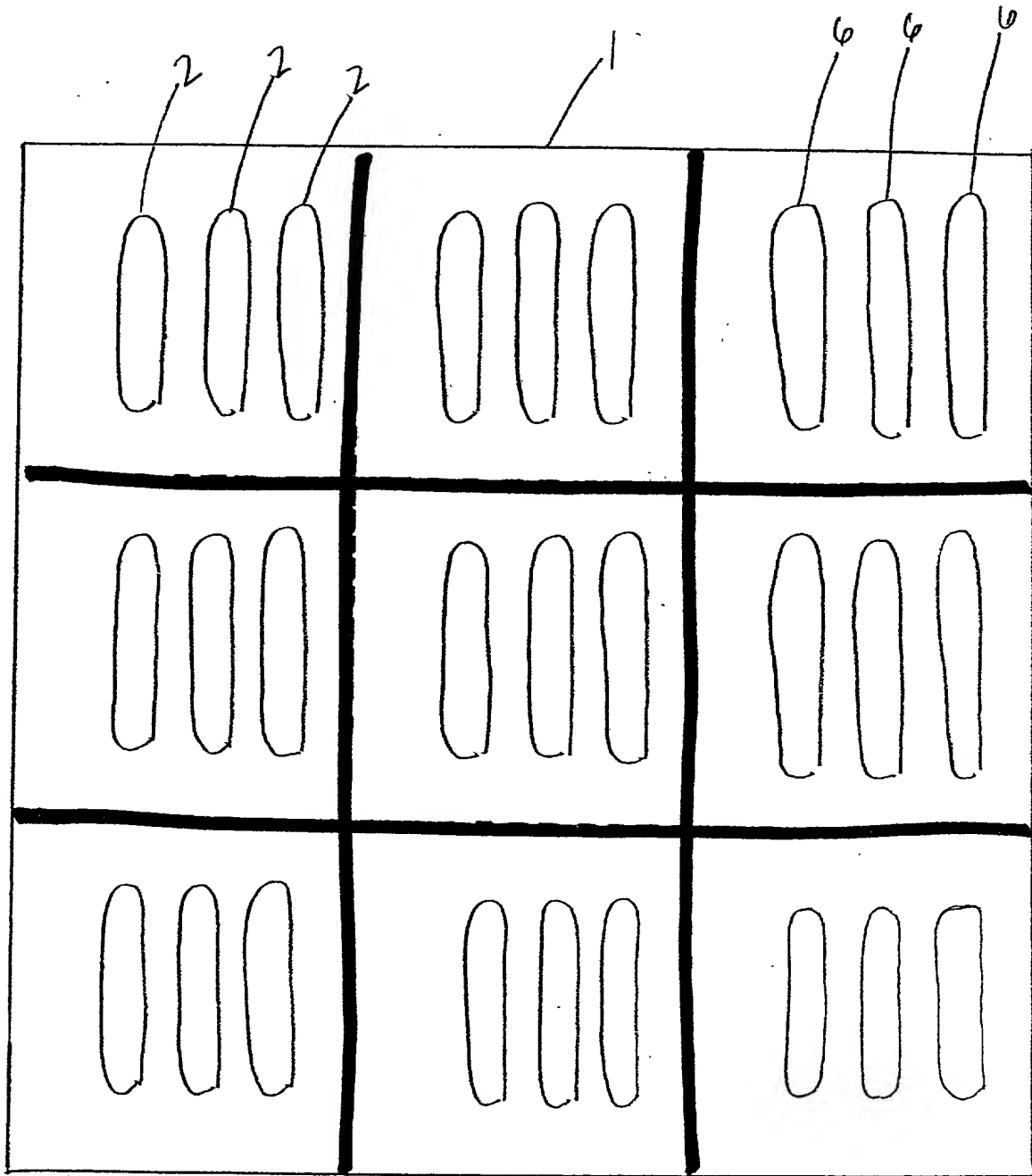
FOUO 64002650

Figure 35



FOOT-64002650

Figure 36



FOOT-640250

Figure 37

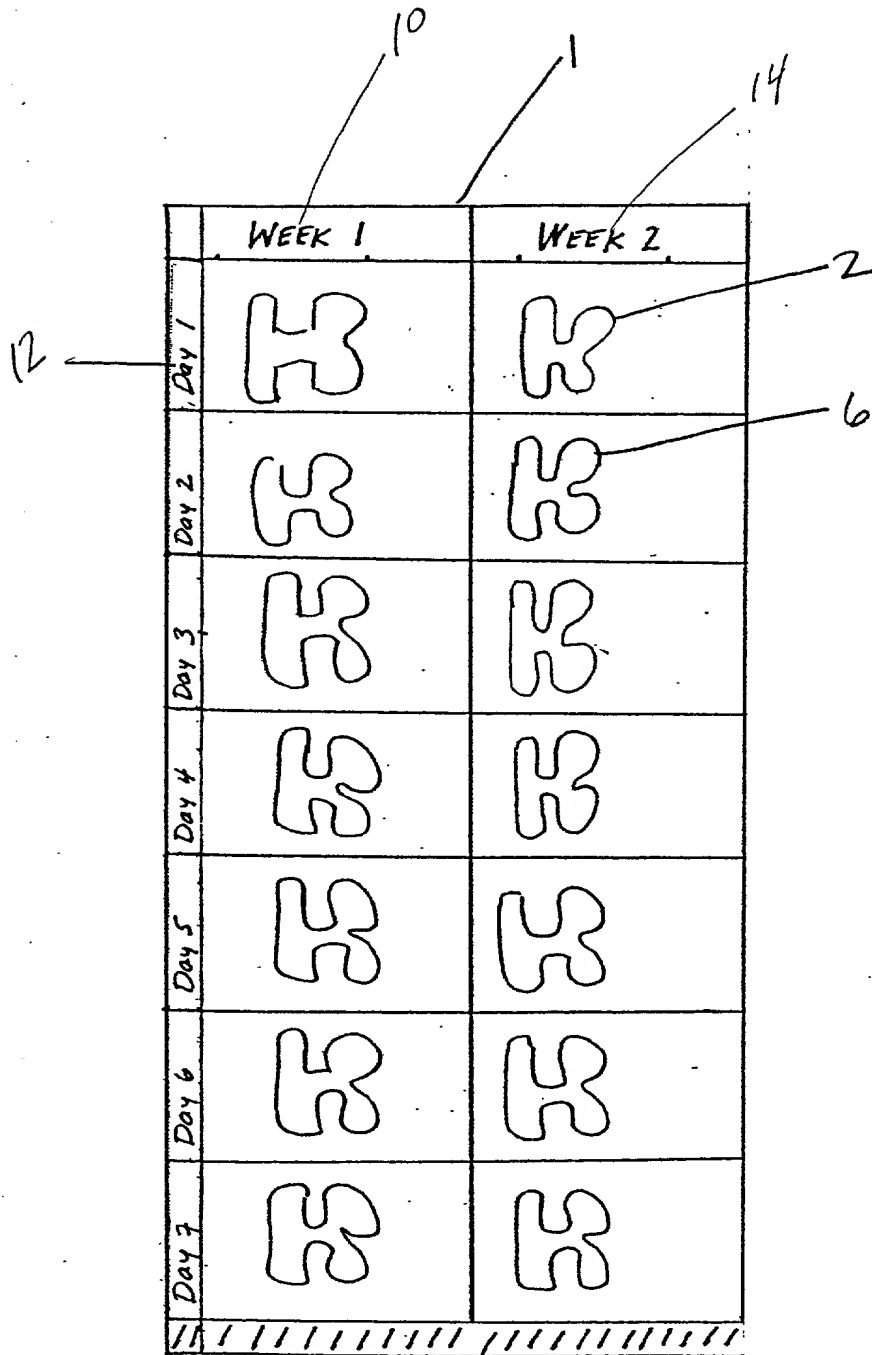


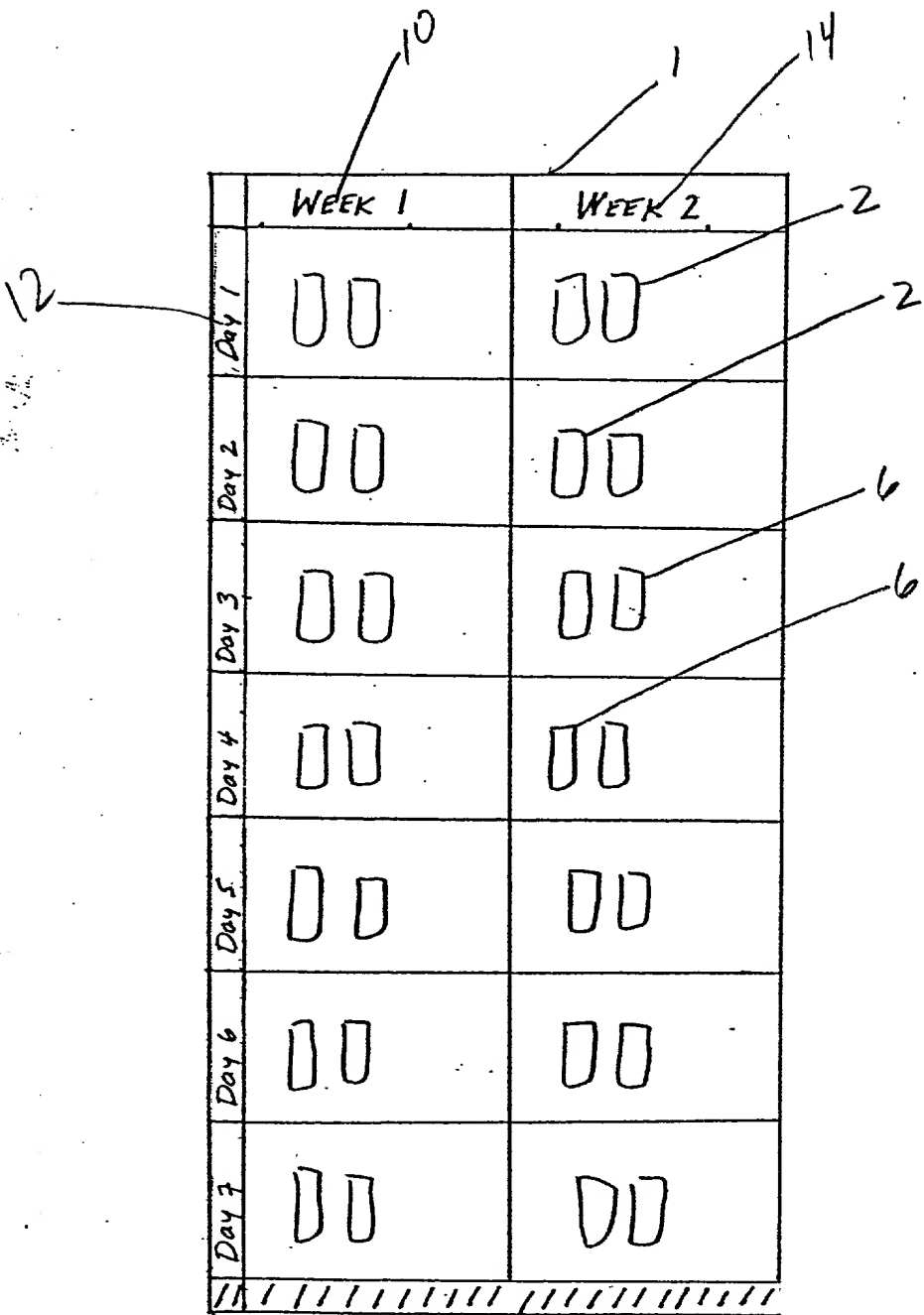
Figure 38

FOOT " 54002660

	WEEK 1	WEEK 2
Day 1	10 1 14 0 0	2 2 0 0
Day 2	0 0	6 6 0 0
Day 3	0 0	6 6 0 0
Day 4	0 0	0 0
Day 5	0 0	0 0
Day 6	0 0	0 0
Day 7	0 0	0 0

12

Figure 39



TE200T 64002660

Figure 40

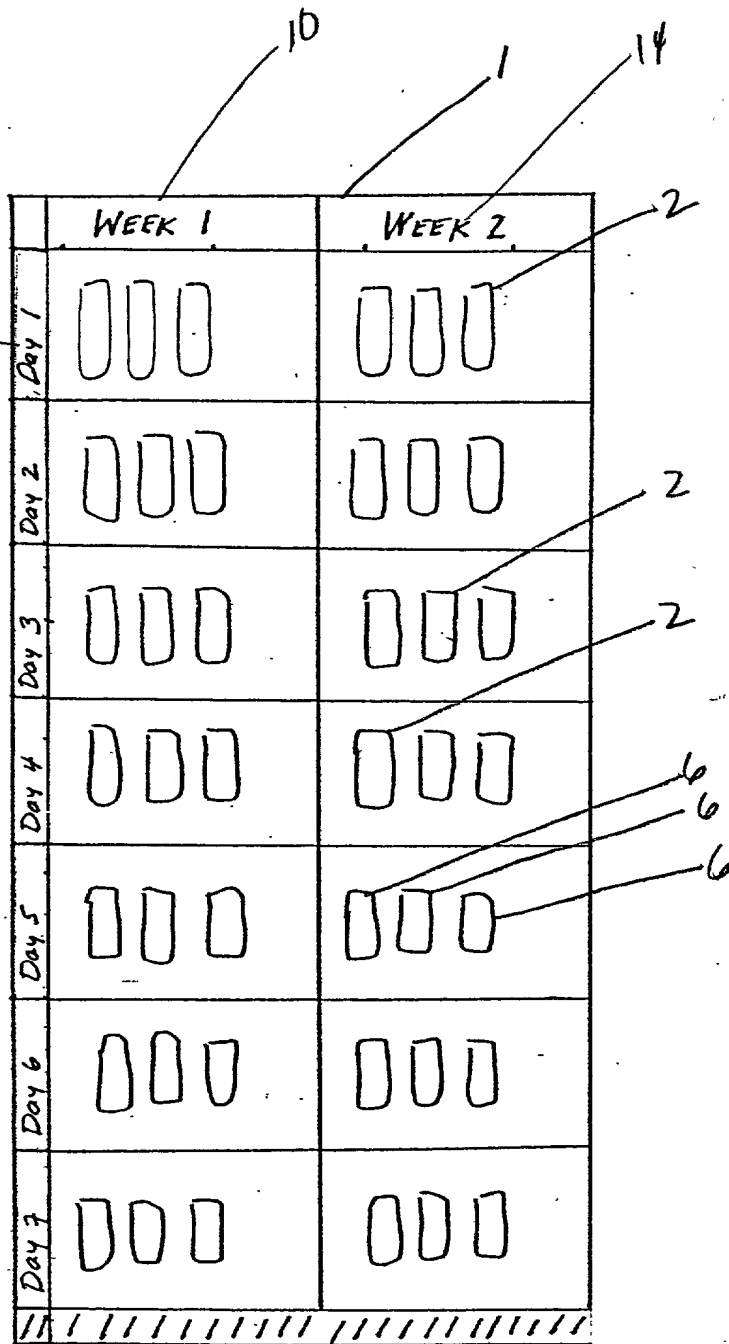


Figure 41

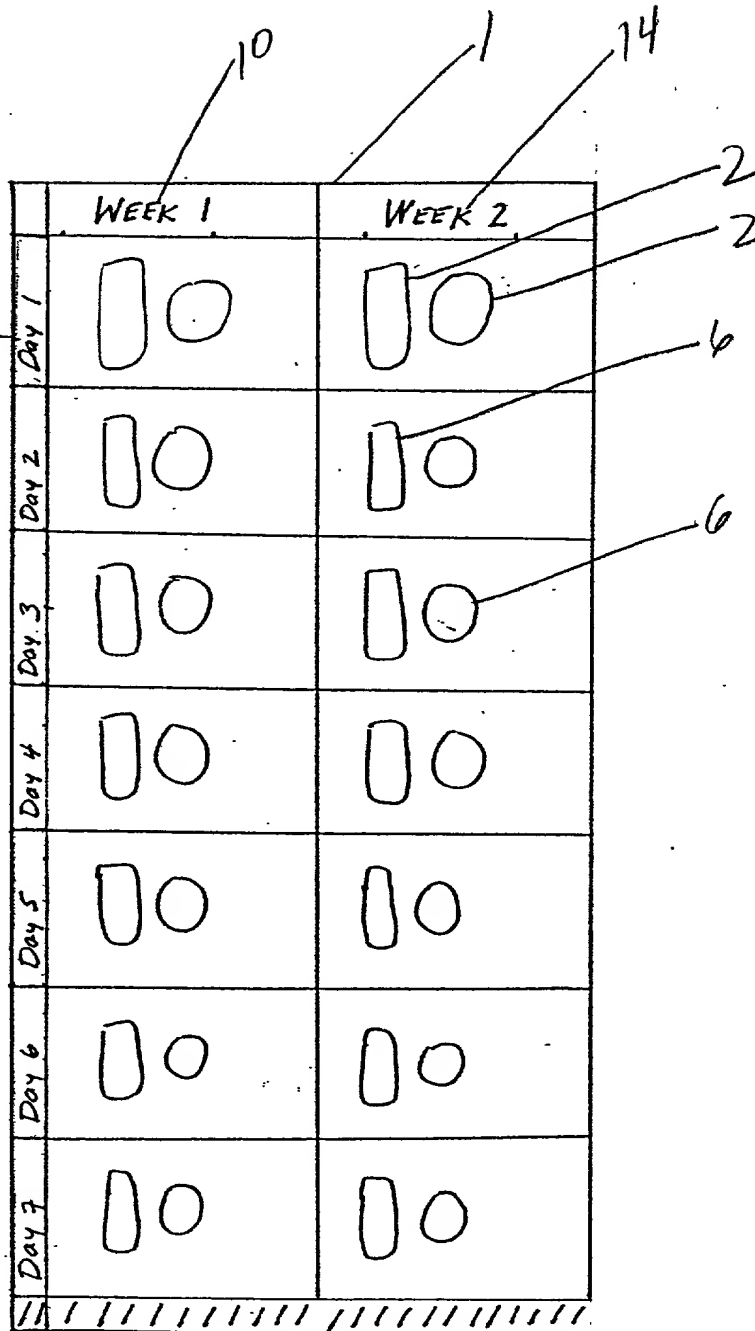
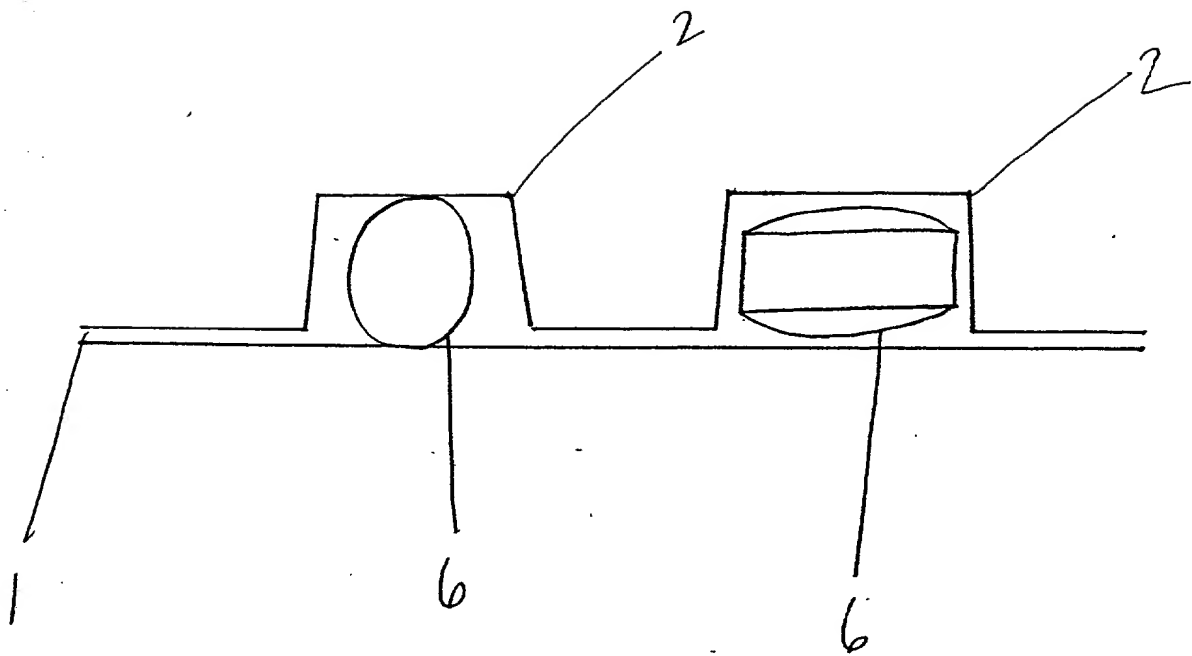


Figure 42



FOOT 6400650

Figure 43

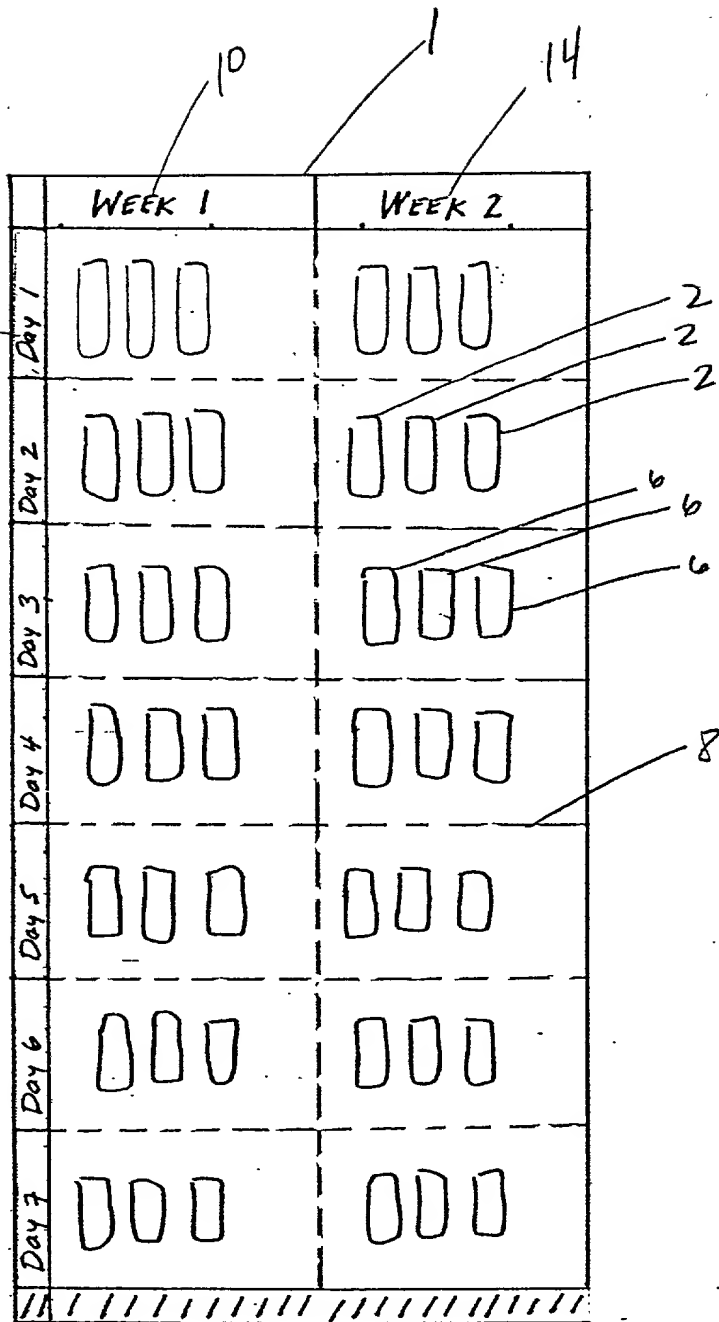


Figure 44

	WEEK 1	WEEK 2
Day 1	00	00
Day 2	00	00
Day 3	00	00
Day 4	00	00
Day 5	00	00
Day 6	00	00
Day 7	00	00

FOOT" 64002660

12

10

1

14

2

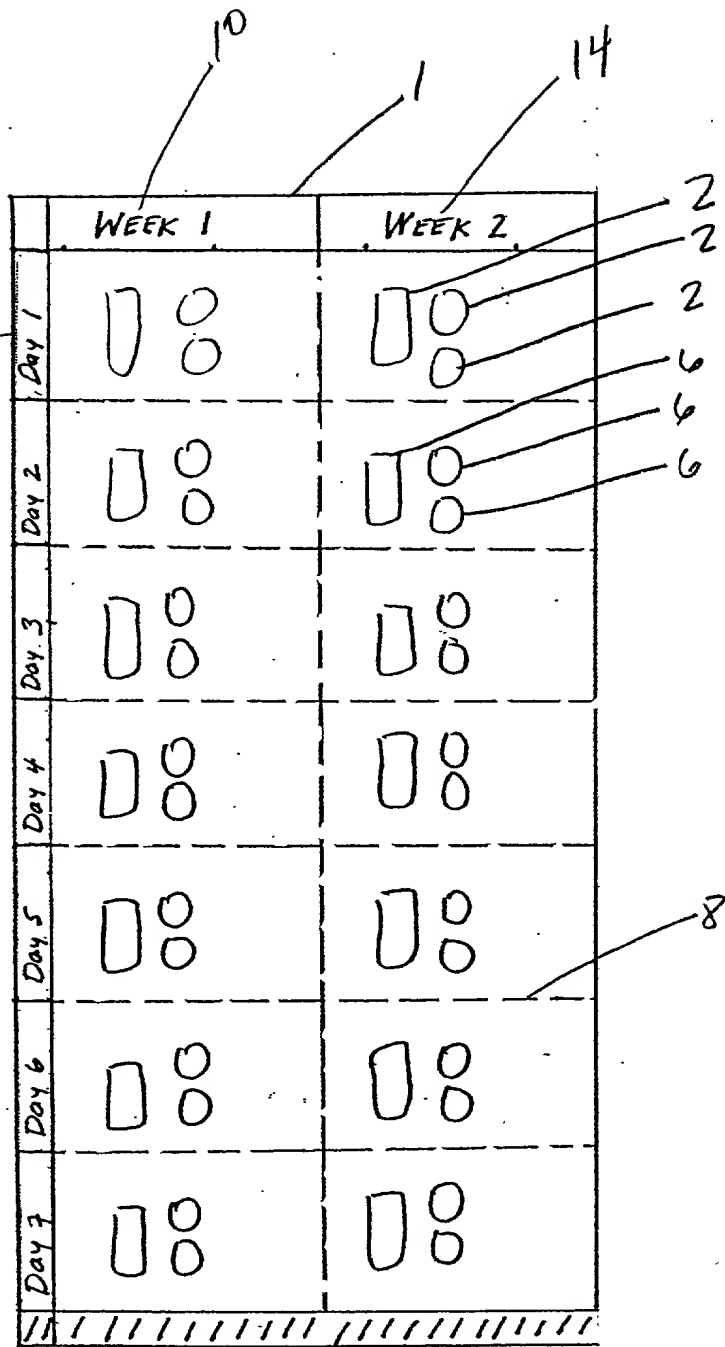
2

6

6

8

Figure 45



FOOT" 6400/660

12

Figure 46

FOOT-6400250

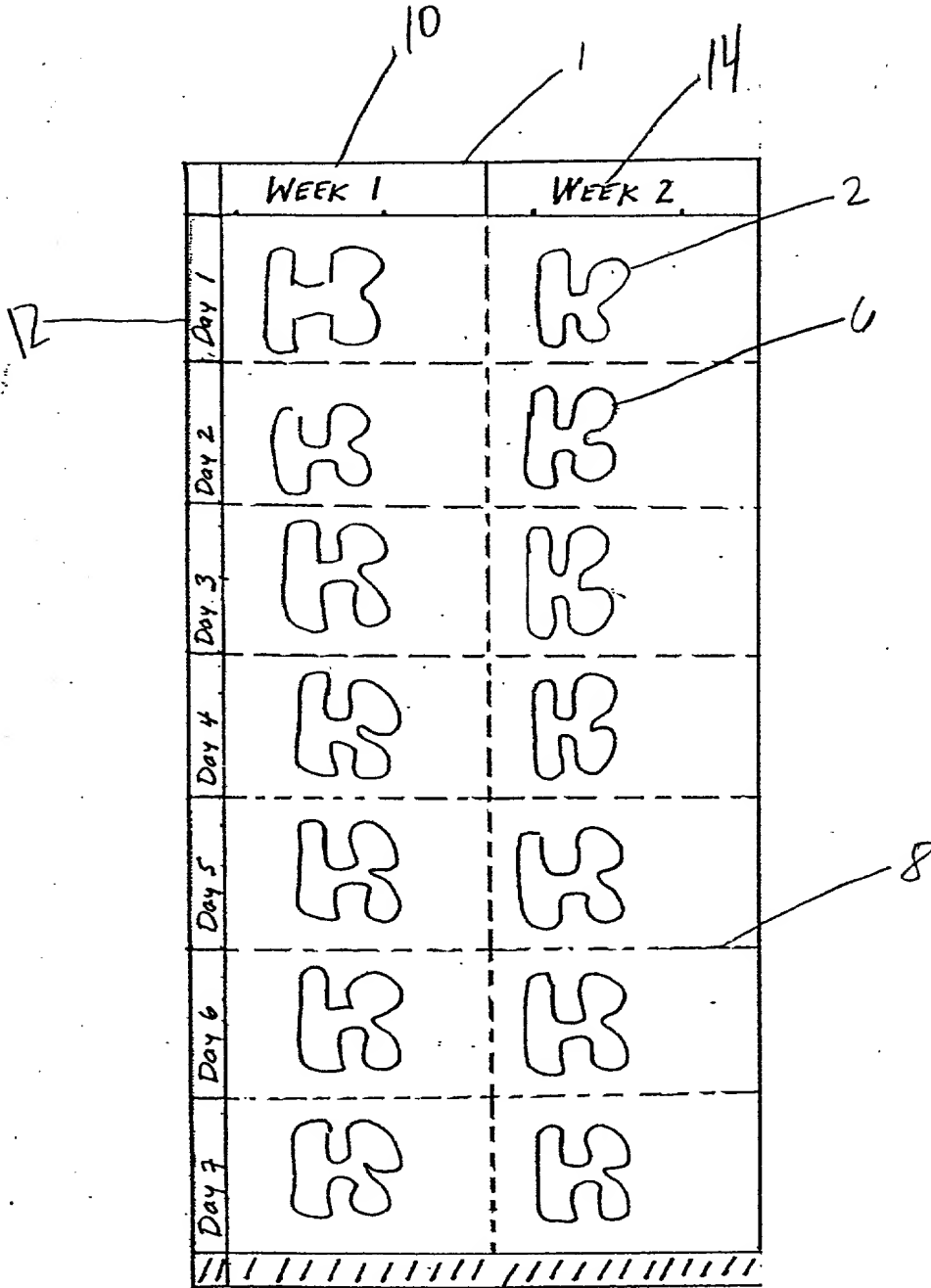


Figure 47

FOOT" 6400650

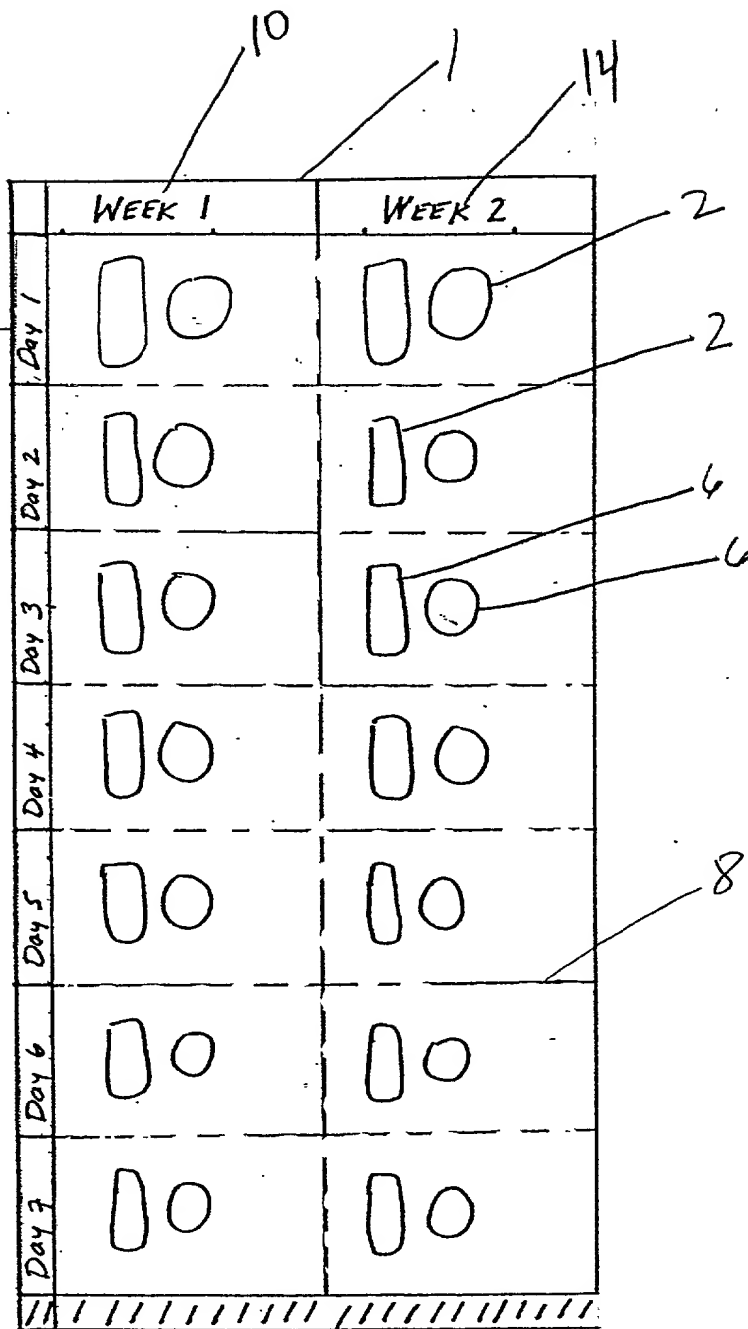
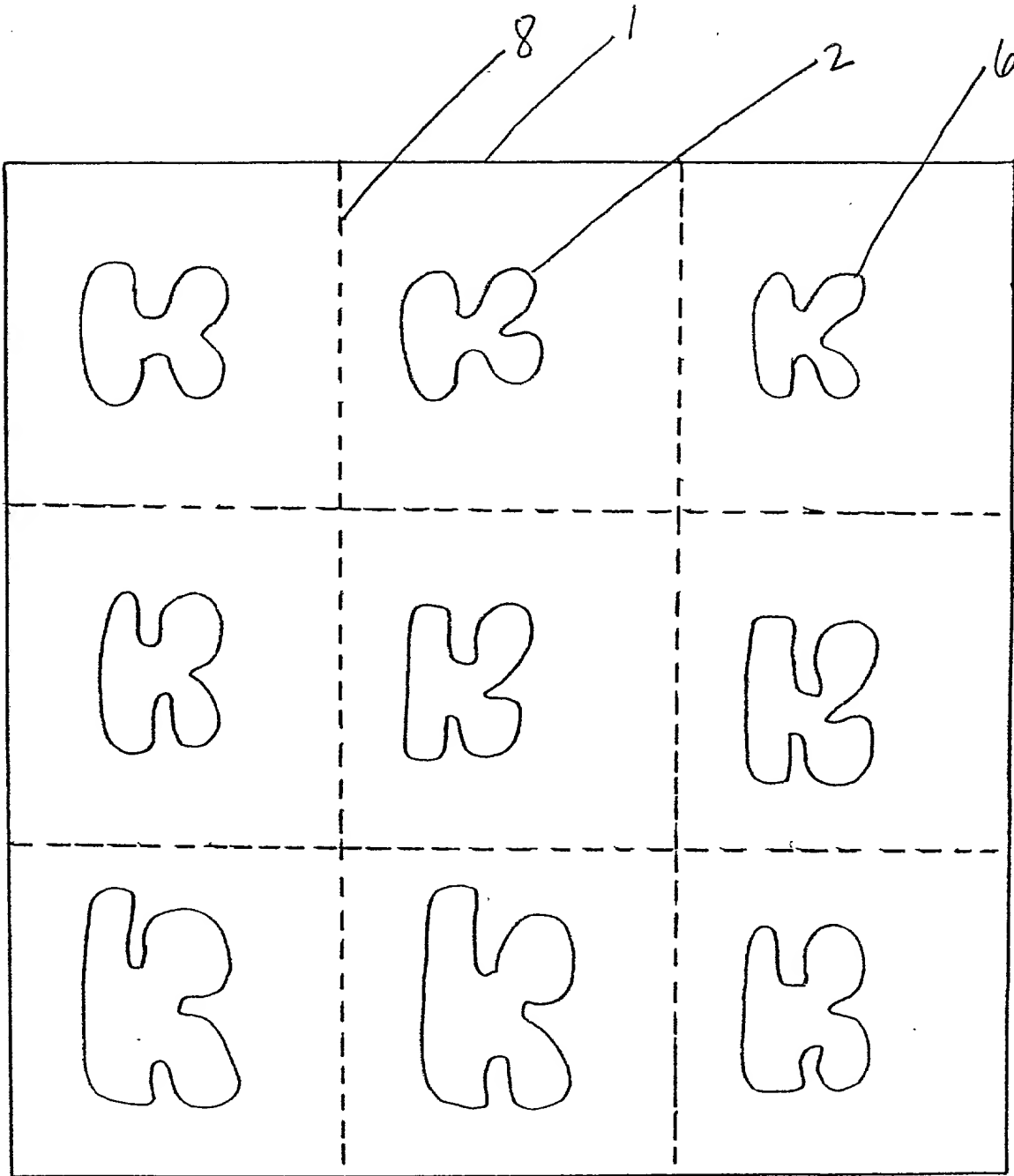


Figure 48



09370049-10001
FO2007" 64004560

Figure 49

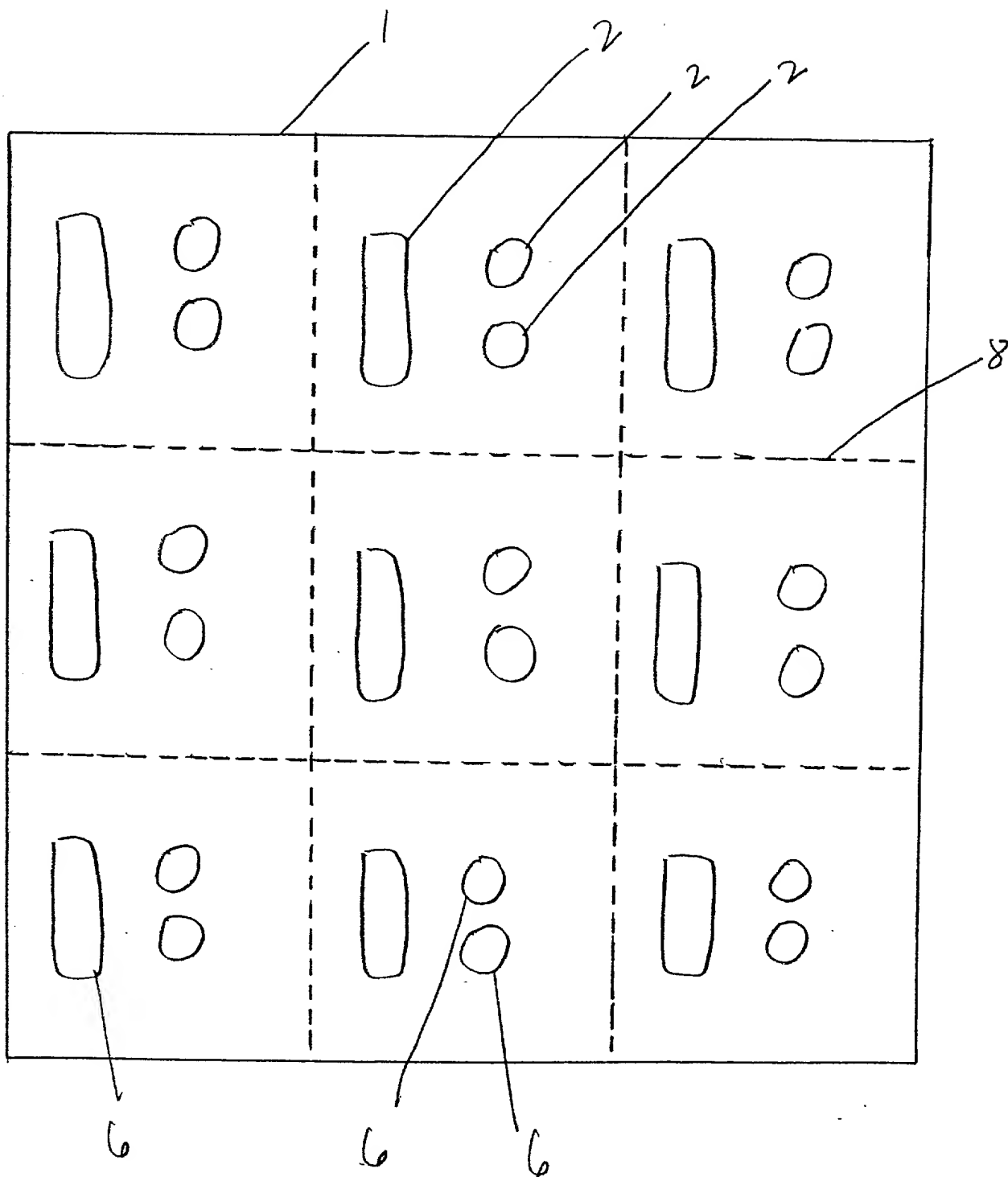
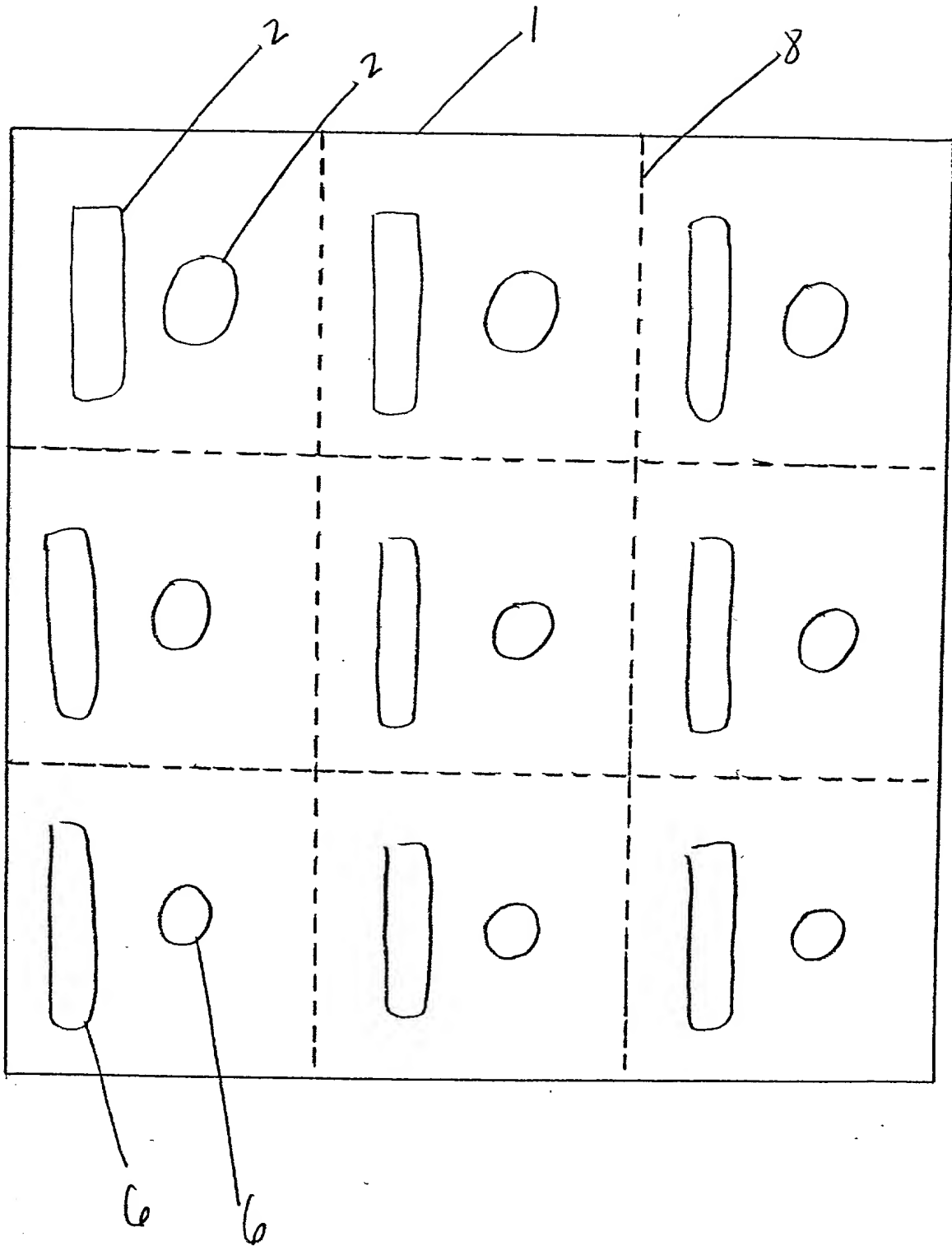
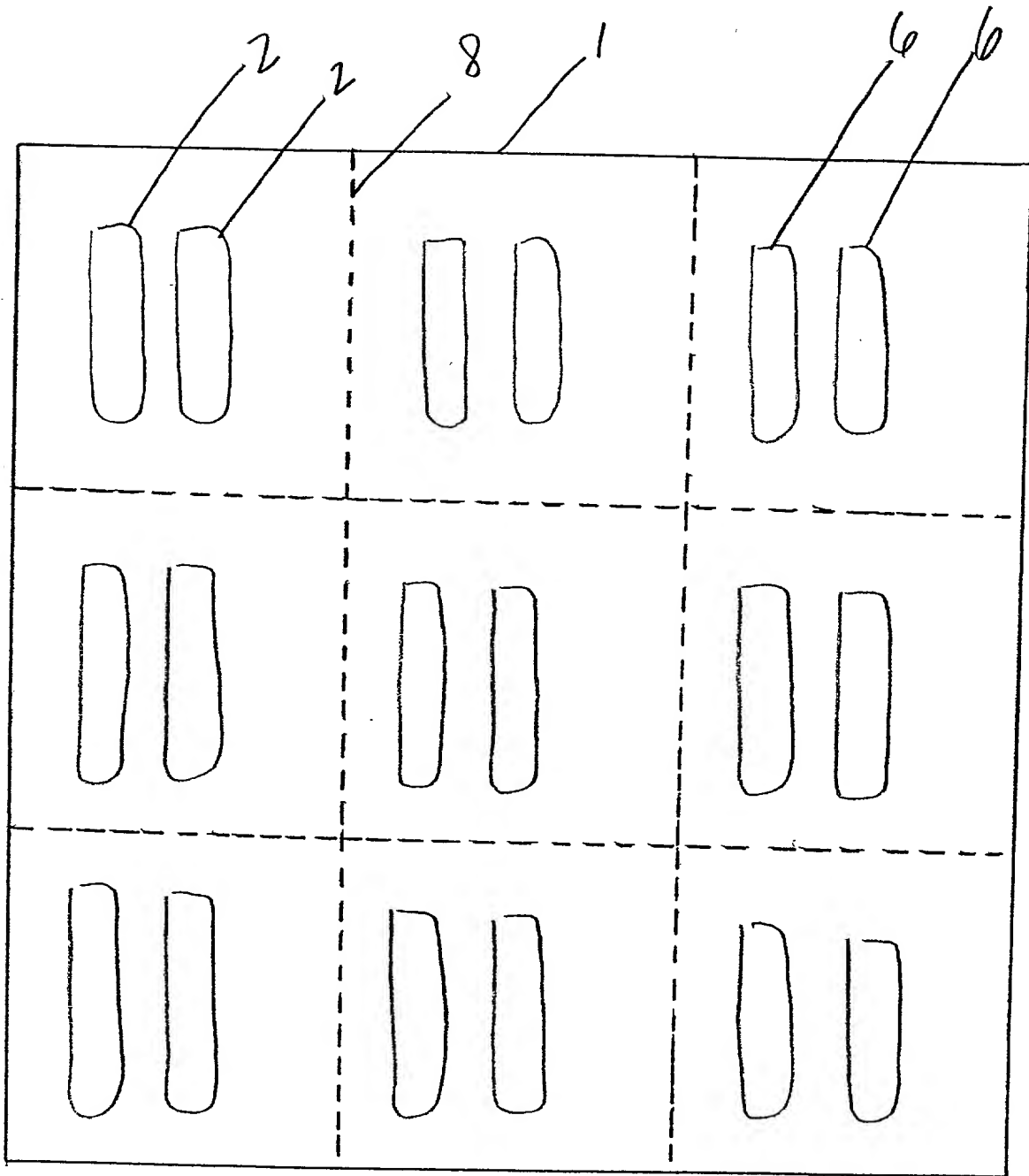


Figure 50



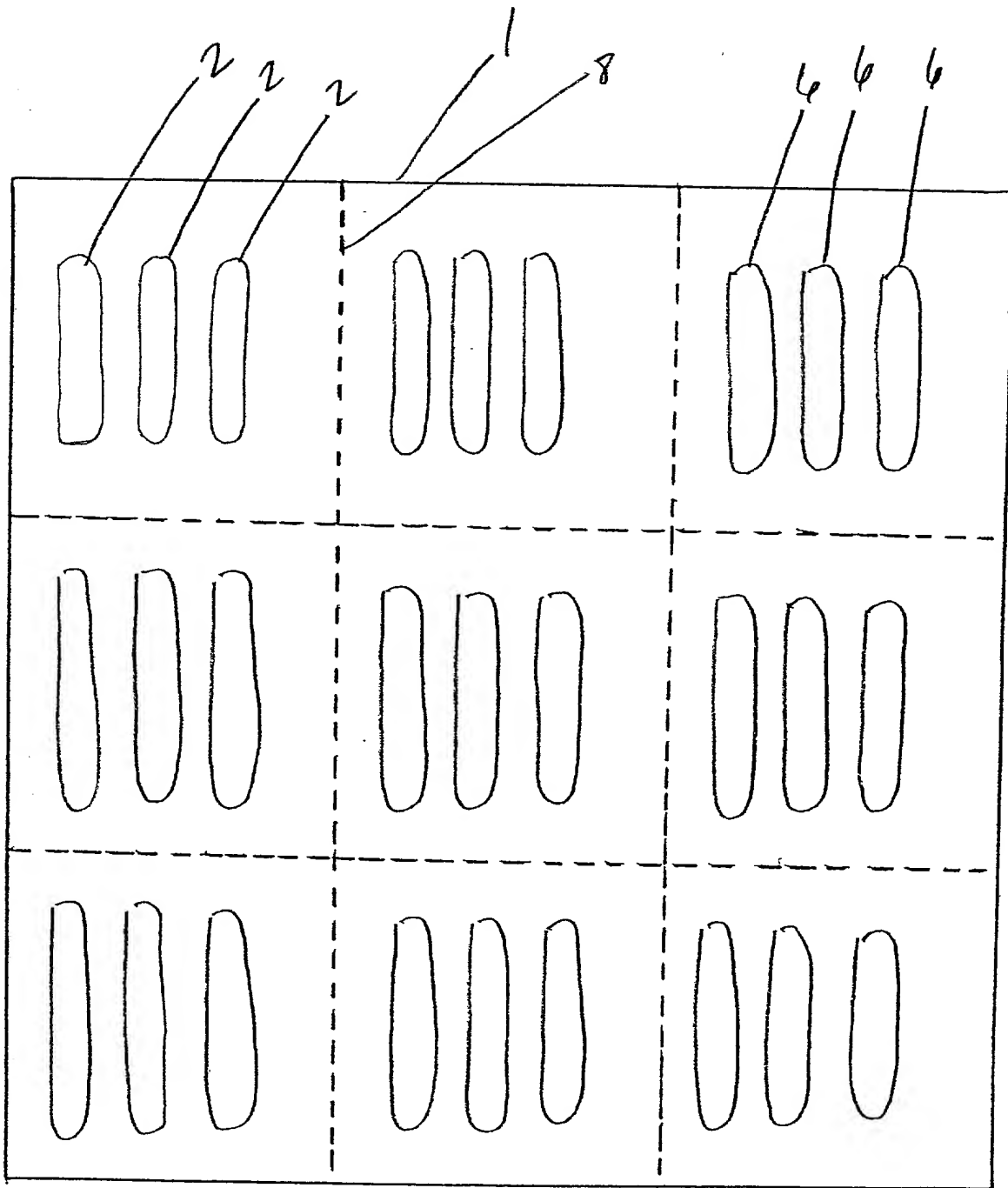
FO2200T" 64002660

Figure 51



09370043-10001

Figure 52



FOOT-6400650

Figure 53

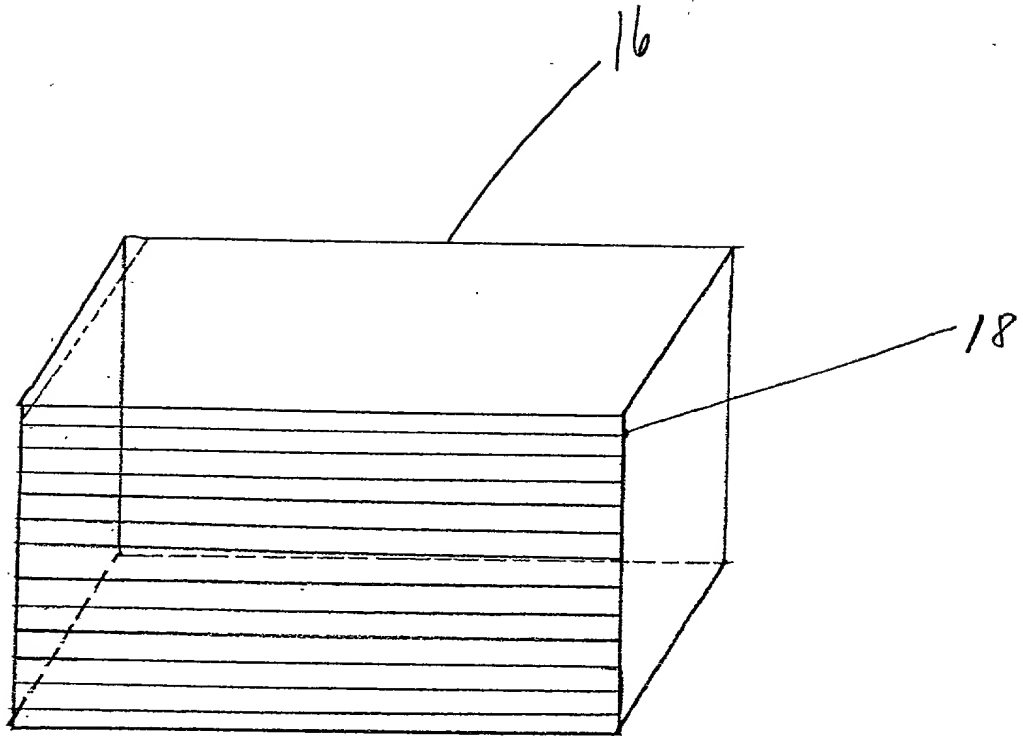


FIG. 53